

# Handbook of the Streets

## Minneapolis

2015-2016  
17th Edition

**A Resource Guide for  
Poor and Homeless People**

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*prepared by*

**ending homelessness**

st. stephen's HUMAN SERVICES

# Hotlines/Emergency Phones

## Battered Women's Hotline

**Phone:** 651-646-0994

## Canvas Health Crisis Connection

24-hour crisis counseling

**Phone:** 612-379-6363 or toll-free 1-866-379-6363

## COPE (Community Outreach for Psychiatric Emergencies)

**Phone:** 612-596-1223

**Provides:** Call COPE when a severe disturbance of mood or thinking threatens a person's safety or the safety of others.

## Cornerstone (see also p. 19)

**24-Hour Crisis Phone:** 952-884-0330 or toll-free 1-866-223-1111

**Provides:** Crisis advocates and trained volunteers are available to talk confidentially with anyone experiencing domestic violence, sexual violence or human trafficking.

## Council on Crime and Justice Victim Services

**Phone:** 612-340-5400

## HCMC Acute Psychiatric Services

**Phone:** 612-873-3161

## Metro Shelter Hotline

Information and referral to metro-area shelter/housing

**Phone:** 1-888-234-1329

## Minnesota Food Helpline (see also p. 9)

**Phone:** 1-888-711-1151 (*Multilingual assistance is also available*)

**Provides:** Statewide food resource information & referral helpline. Assists in locating food resources (food shelf and/or hot meal).

## National Runaway Switchboard

**Phone:** 1-800-621-4000

Referral to Safe Shelter

## PRIDE - The Family Partnership

**Phone:** 612-728-2062 or toll-free 1-888-PRIDE99

Crisis line for women & sexually-exploited youth who are victims of sex trafficking/exploitation.

## Suicide Prevention

**Phone:** 612-873-2222

## Tubman

**Phone:** 612-825-0000

Battered women's shelter hotline

## United Way 2-1-1

**Phone:** 211 or 651-291-0211 (on a cellphone)

Food & shelter Info; referral to specific agencies

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# Acknowledgments

St. Stephen's Human Services extends its thanks to the many people who have contributed to the 17th edition of the *Minneapolis Handbook of the Streets*.

Terry Hildebrandt at the Salvation Army district headquarters again helped keep the book up-to-date with information about their many locations and services. Likewise, we're grateful to friends at Hennepin County Human Services & Public Health Dept. who reviewed the information in the public assistance section: Anne Semenak, Peg Douglass, Pat Hartnagel, Joyce Ward, and Faughn Ramisch-Church.

We also offer thanks to the following volunteers who made many phone calls updating agency information: Sylvia Bachmann, Robert Menner, and Eileen Welsh.

If you find errors or omissions in this book, or have any suggestions, please call 612-870-2283 or e-mail me at [mmenner@ststephensmpls.org](mailto:mmenner@ststephensmpls.org) so that we may continue to improve the handbooks.

*Mike Menner  
St. Stephen's Human Services  
April 2015*

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**ending homelessness**

**st. stephen's HUMAN SERVICES**

# Section I. The Essentials

## A. Clothes Closets

### Camden Neighborhood Center

1210 37th Avenue North

**Phone:** 612-529-8054

**Hours:** Monday-Friday 9 am-4:30 pm.

**Provides:** A “career closet” with clothing for job interviews.

### Central Lutheran Church

333 South 12th Street

**Phone:** 612-870-4416

**Hours:** Monday and Thursday from 10 am–2 pm; Tuesday and Wednesday 10 am-12 pm. Nursing center provides first aid, blood pressure checks, and basic care assessment. Pastoral assistance available by appt Mondays & Tuesdays and from 9-11 am Wednesday and Thursday. There is a meal on Mondays 11:30 am–12:30 pm.

### Cornerstone Ministry (Park Ave. United Methodist Church)

3400 Park Avenue South

**Phone:** 612-825-6863

**Hours:** Tuesday 3:30-5 pm; Wednesday 4:30–6:00 pm

**Remarks:** Clothing is reasonably priced. Household items are also sold.

### The Clothes Closet/CSJ Ministry Center

2200 Nicollet Avenue South (garage entrance at back)

**Phone:** 612-870-1815

**Hours:** Wednesdays and Thursdays 11 am-2 pm.

**Remarks:** Clothing, linens, towels and household items are available.

### Marie Sandvik Center

1112 East Franklin Avenue

**Contact:** 612-870-9617

**Hours:** Tuesday 7 pm worship service followed by women’s clothing and meal; Thursday 12 pm quilt and baby layette signup; Thursday 1 pm worship service followed by women’s and children’s clothing and meal (child care provided during service); Friday 7 pm worship service followed by men’s clothing and meal; Sunday 6 pm service followed by men’s clothing and meal.

### Sabathani Community Center

310 East 38th Street, Room 20-LL (Family Resource)

**Phone:** 612-821-2396

**Hours:** Monday–Thursday from 9–11:30 am and 1–3 pm. (Arrive before 2:45 pm.)

Salvation Army Center City Office

53 Glenwood Avenue

**Phone:** 612-659-0711

**Hours:** Monday–Thursday 8 am–noon and 1–4 pm; Friday 8 am–noon and 1–3 pm.

**Remarks:** Walk-ins welcome. Once you have talked to a case-worker, you may receive a voucher to a Salvation Army thrift store. You need to provide a referral from an overnight shelter and photo ID at the time of appointment.

Salvation Army

Temple: 1604 East Lake Street

**Phone:** 612-767-2700

Parkview: 2024 Lyndale Avenue North

**Phone:** 612-522-6581

Noble: 10011 Noble Parkway

**Phone:** 763-425-0517 ext. 105

**Hours:** Monday–Friday 8 am–noon and 1–4 pm.

**Remarks:** Call for an appointment. Once you have talked to a caseworker, you may receive a voucher to a Salvation Army thrift store. You need to provide a photo ID and piece of current mail at the time of the appointment.

Sharing and Caring Hands (Mary Jo's)

525 North 7th Street

**Phone:** 612-338-4640

**Hours:** Monday–Thursday 10–11:30 am and 1:30–3 pm.

**Low-cost Thrift Stores**

St. Vincent de Paul

2939 12th Avenue South

**Phone:** 612-722-7882

**Hours:** Monday through Friday, 10–6 pm, Saturday 10–4

Salvation Army Stores

900 North 4th Street

**Phone:** 612-332-5855

**Hours:** Monday–Friday 9am–8 pm; Saturday 9–5.

3740 Nicollet Avenue South

**Phone:** 612-822-1200

**Hours:** Monday–Friday 10 am–8 pm; Saturday 9–5.

Steeple People Surplus Store

2004 Lyndale Avenue South

**Phone:** 612-871-8305

**Hours:** Monday 10:30–5:30 pm; Tuesday 10:30 am–6:30 pm;

Wednesday–Friday 10:30 am–5:30 pm; Saturday 10 am–5:30 pm.

## B. Food Shelves

The following food shelves require picture identification and proof of residence (utility bill, medical card, etc.) since they serve only those who live within designated areas; and they will serve a person only once a month. If you do not have a permanent address, you can go to Sharing and Caring Hands; you will still need some form of ID. If you don't know which is your food shelf, call The Food Group at 763-450-3860.

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If, after getting food from your area food shelf, you need additional food, call UnitedWay 2-1-1, 211 or 651-291-0211 from cell phones.

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### Brian Coyle Community Center

420 15th Avenue South

**Phone:** 612-338-5282

**Hours:** Monday 12–6 pm; Tuesday and Wednesday 12-3 pm; and Friday 12-4 pm.

**Service Area:** For those persons east of I-35W, south of Hennepin Ave., west of the river and north of I-94 (ZIP 55454).

### Center for Asians and Pacific Islanders

310 East 38th Street, Room 29 (Sabathani Ctr.)

**Phone:** 612-721-0122

**Hours:** Call for appointment to sign up on Tuesday & Thursday, 10 am–noon and 1–4 pm.

**Service Area:** Primarily for persons of Asian descent who live in Hennepin County.

### Centro Cultural Chicano

1915 Chicago Avenue South

**Phone:** 612-874-1412

**Hours:** Hours vary; you must call at 8:30 am on Friday to make an appointment.

**Service Area:** Emergency food shelf is targeted for Spanish-speaking people, but is open to all in need. Crisis referrals available.

### Community Emergency Service

1900 11th Avenue South

**Phone:** 612-870-1125

**Hours:** Monday, Tuesday, Thursday 1-4 pm; Wednesday 1-6:30 pm; Friday 1-3 pm. CES listens well and provides resources to lift the Spirit as we are able.

**Service Area:** For those who live east of 35W, west of Mississippi River, south of I-94, and north of Lake Street.

**Remarks:** Monday through Thursday food shelf is limited to people in the service area. Participants must provide ID and proof of address. Friday food giveaway is open to anyone regardless of address.

Division of Indian Work

1001 East Lake Street

**Phone:** 612-722-8722

**Hours:** Monday, Tuesday and Wednesday 12-3 pm.

**Service Area:** primarily for Native Americans who are enrolled with a tribe.

Fare for All Program

**Phone:** 763-450-3880 or 1-800-582-4291

**Remarks:** The Fare for All program is not a food shelf. It is a monthly food purchase program that allows participants to receive a package of food including fruits, vegetables and/or meat, for \$11-\$25. Some locations add a small transportation fee. Call for neighborhood locations and more information, or visit [www.fareforall.org](http://www.fareforall.org).

Groveland Emergency Food Shelf/Groveland Food for Youth

1900 Nicollet Avenue South (Enter on Groveland Ave.)

**Phone:** 612-871-0277

**Hours:** (Adults) Monday through Thursday 9:30 am–12:30 pm; Friday 10 am–1 pm for those who live in area (see below). Please bring ID if you are able.

**Hours:** (Youth) Homeless youth ages 23 and under with no residency requirement: Tuesday and Thursday 4-7 pm.

**Service Area:** For those adults who live in downtown Minneapolis and near-south of downtown area.

**Remarks:** Delivery for adults is available for shut-ins. Stipend program for youth ages 21 & younger is available in exchange for working 3 hours. Call for more information.

Joyce Uptown Food Shelf, Inc.

3041 Fremont Avenue South

**Phone:** 612-825-4431

**Hours:** Monday–Friday 1 pm–3:45 pm; and Thursday 5-6:45 pm.

**Service Area:** For persons who live south of 25th St., north of 62nd St., west of Lyndale, and east of France Ave.

**Remarks:** Will provide three days of food per person in each household one time a month.

Little Kitchen Food Shelf

1500 6th Street NE

**Phone:** 612-788-2444

**Hours:** Walk-in hours on Wednesdays and Fridays from 10 am–noon; Tuesday and Thursday 6-7:30 pm. Appointments are possible, if necessary.

**Intake:** Pre-registration for new clients is done Monday-Friday 9-11 am. Call for info.

**Remarks:** No ID required and no geographic restrictions. Can use the food shelf once every four weeks. They also have dog and cat food available.



Messiah Lutheran Church

2400 Park Avenue South

**Phone:** 612-871-8831

**Hours:** Second Friday and fourth Saturday 8-11 am.

**Service Area:** For those who live in Phillips neighborhood (east of I-35W, west of Hiawatha Ave., north of Lake St. and south of I-94). Must bring proof of residency. Once per month only.

Minnesota Food Helpline

**Phone:** 1-888-711-1151 (*Multilingual assistance is also available*)

**Hours:** Monday–Friday 8:30 am–4:30 pm.

**Provides:** Statewide food resource information and referral helpline. Callers can be screened for SNAP eligibility and assisted with completing the application for SNAP. Assists callers in locating food resources in their own community whether it be a food shelf and/or hot meal site. Also makes referrals for other public food programs like WIC (Women, Infants and Children), and NAPS (Nutrition Assistance Program for Seniors).

New Creation Baptist Church

1414 East 48th Street

**Phone:** 612-825-6933

**Hours:** Food and clothing pantry is open Saturdays 10 am-2 pm and Wednesdays 9 am-1 pm.

North Point Health & Wellness Center

1315 Penn Avenue North

**Phone:** 612-767-9175

**Hours:** Monday, Tuesday and Thursday 9 am-3 pm; Wednesday 11 am-6 pm.

**Remarks:** New registration is done Monday, Tuesday and Thursday from 9-2 pm and Wednesdays 11 am-5 pm. Persons need to bring some form of identification like Minnesota ID and mail with current address on it. Emergency food 3-5 pm.

Nutrition Assistance Program for Seniors

**Phone:** 651-484-8241 or 1-800-365-0270

**Remarks:** Serves Minnesota residents who are 60 years and older, at or below 130% of the poverty level. Provides one box of food monthly to each senior. Call for information.

Sabathani Community Center

310 East 38th Street, Room 20-Lower Level

**Phone:** 612-821-2396

**Hours:** Monday–Friday 9–11:30 am and 1–3:30 pm.

**Service Area:** South of Lake Street, east of Nicollet Avenue between 32nd and 62nd Streets, and west of Cedar Avenue. Also between Lyndale and Cedar from 46th St. to 62nd St.

### Salvation Army Central Social Services

2727 Central Ave. NE

**Phone:** 612-789-1512

**Hours:** Monday–Friday 8 am–noon and 1–4 pm.

**Service:** Walk-in food shelf, including culturally specific food items available, specifically Hmong-Laotian.

**Remarks:** For those living in ZIP codes 55418, 55413, 55414, and Hennepin Co. part of 55421. We are a walk-in food shelf, but you may also call for an appointment. Can be used only once a month. Must provide photo ID and current piece of mail for all adults and ID (social security card, birth certificate, medical card) for all children at time of visit.

### Salvation Army Center City Office

53 Glenwood Avenue

**Phone:** 612-659-0711

**Hours:** Monday–Thursday 8 am–noon and 1–4 pm; Friday 8 am–noon and 1–3 pm.

**Service Area:** ZIP codes served: 55401, 55402, 55403, 55404, and 55415. 5th Ave. S on the east, Mississippi River on the north, Kenwood and Grant Street on the south, and railroad on the west. Walk-ins allowed.

**Remarks:** Overnight shelter guests need to bring a referral from the shelter and an ID.

### Salvation Army Parkview

2024 Lyndale Avenue North

**Phone:** 612-522-6581

**Food Shelf Hours:** Tuesday, Wednesday and Thursday 9:30–11 am and 1–3 pm; Monday and Thursday 1–3 pm.

**Business Hours:** Monday–Friday 8 am–noon and 1–4 pm.

**Service Area:** For persons who live in north Minneapolis. First time visitors should call and schedule an appointment. Must provide photo ID and current piece of mail at time of appointment. Food shelf is available once per calendar month. It is a first-come first-serve basis. We reserve the right to limit the number of households served if the volume of guests is too high.

### Salvation Army Temple

1604 East Lake Street

**Phone:** 612-767-2700

**Hours:** Monday–Thursday 8:30–11:30 am and 1–3:30 pm; Friday 8–11 am; and 1–3 pm.

**Service Area:** For persons who live in south Minneapolis or southern Hennepin County. Walk-ins welcome. It is helpful, especially if you are visiting for the first time, to bring your photo ID and a current piece of mail.

**Remarks:** Food shelf provides the opportunity to shop with a volunteer for your needs.

Senior Food Shelf

1801 Central Avenue Northeast

**Phone:** 612-788-9521

**Hours:** Monday through Friday 10 am-2:45 pm.

**Remarks:** Food shelf for people 55 and older. Must reside in Hennepin County. May use food shelf once per calendar month.

Sharing and Caring Hands (Mary Jo's)

525 North 7th Street

**Phone:** 612-338-4640

**Hours:** Monday–Thursday 10–11:30 am; 1:30–3 pm.

**Remarks:** If you are receiving welfare, go to neighborhood food shelf first.

Simpson United Methodist Church

2740 First Avenue South

**Phone:** 612-874-7741

**Hours:** Tuesday–Friday from 9:30 am–12:15 pm.

**Service Area:** West of Portland Avenue, east of Lyndale Avenue, north of Lake Street, and south of Franklin Avenue.

**Remarks:** Must have proof of residence and piece of mail with name and address or medical card for self. Family members must have medical, school ID or birth certificate. Can be used once every 30 days.

Waite House

2323 11th Avenue South

**Phone:** 612-721-1681

**Hours:** Monday and Friday 1-5 pm; Tuesday and Thursday 2:30-6:30; closed on Wednesdays.

**Remarks:** Also provides free produce on the second and fourth Wednesday of the month at 1 pm; sign up at front desk at 10 am for produce distribution. Numbers will be handed out at 11:45 and 12:00. At noon there is a speaker presentation.

WIC Program (Women Infants Children)

**Phone:** 612-348-6100

**Provides:** Health and nutrition assessment; vouchers for quality food like milk, cheese, iron-rich cereal, peanut butter and dry beans; information/referral, breastfeeding support.

**Qualifications:** To be eligible, you must 1) live in Hennepin County; 2) be a woman who is pregnant, breastfeeding or have had a baby in the last 6 months-year, be an infant, or be a child less than 5 years old; 3) be income eligible. This will be determined at the WIC intake appointment or by phone.

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## C. Free Meals

### Breakfast

Catholic Charities Opportunity Center

740 East 17th Street

**Phone:** 612-204-8300

Serves breakfast 7–8 am Monday through Saturday.

House of Charity Food Centre

714 Park Avenue South

**Phone:** 612-436-2055

Serves women and families with children Monday–Friday from 8:30–9 am. Brunch is served to anyone on Saturday and Sunday from 10:30–11:30 am.

Sharing and Caring Hands (Mary Jo's)

525 North 7th Street

**Phone:** 612-338-4640

Serves breakfast 10 am Monday–Thursday; one meal served Saturday and Sunday from 10 am–12.

### Drop-in Centers, Lunch and Snacks

Catholic Charities Opportunity Center

740 East 17th Street

**Phone:** 612-204-8300

Serves lunch 11:30–12:30 Monday through Saturday.

**Drop-in Hours:** Monday–Saturday 7 am–3 pm. The Opportunity Center also has small-scale storage lockers (\$5 for 30 days only; after that must wait 2 months to rent locker again), showers, and laundry available Monday–Friday (\$1 for one wash/dry load).

Central Lutheran Church Restoration Center

333 South 12th Street

**Phone:** 612-870-4416

**Hours:** Lunch is served on Mondays 11:30 am–12:30 pm. Outreach is done Monday 7 am–2pm and Tuesday–Thursday 7:30 am–2 pm (assistance with medical co-pays and glasses, some dental and transportation assistance. Computer access is available Monday–Thursday 7:30–2. Pastoral assistance is available by appointment Mondays & Tuesdays and from 9–11 am Wednesday and Thursday.

Community Emergency Service

**Phone:** 612-870-6121

**Provides:** Meals-on-wheels delivered for elderly and disabled individuals.

House of Charity Food Centre

714 Park Avenue South

**Phone:** 612-436-2055

**Hours:** Lunch is served Monday–Friday from 12:00–1 pm. Weekend brunch served Saturday and Sunday from 10:30–11:30 am.

Marie Sandvik Center

1112 East Franklin Avenue

**Contact:** 612-870-9617

**Hours:** Tuesday 7 pm worship service followed by women's clothing and meal; Thursday 12 pm quilt and baby layette sign-up; Thursday 1 pm worship service followed by women's and children's clothing and meal (child care provided during service); Friday 7 pm worship service followed by men's clothing and meal; Sunday 6 pm service followed by men's clothing and meal.

Peace House

1816 Portland Avenue South

**Phone:** 612-870-7263

**Provides:** A gathering place where poor, homeless and economically comfortable people come to form community, work for non-violence, affirmation and responsibility. Emphasis on spirituality through daily reflection time together, followed by lunch. Doors closed for reflection, meditation and lunch from 11:30-12:45.

Salvation Army Temple Corps

1604 East Lake St.

**Phone:** 612-767-2710

**Provides:** Lunch served Monday-Friday from noon-1 pm.

St. Mark's Episcopal Cathedral

519 Oak Grove Street

**Phone:** 612-870-7800

**Hours:** Warm Space open Thurs. 12-5 pm. Bag lunches, snacks.

Sharing and Caring Hands (Mary Jo's)

525 North 7th Street

**Phone:** 612-338-4640

**Hours:** Serves lunch Monday-Thursday at noon; Saturday and Sunday one meal served from 10 am-12 pm.

Waite House

2323 11th Avenue South

**Phone:** 612-721-1681

**Hours:** Lunch is served 11 am-12:30 pm, Monday-Friday.

**Dinner**

Living Spirit United Methodist Church

4501 Bloomington Avenue South

**Phone:** 612-721-5025

Serves dinner Wednesdays 5:30-6:30 pm.

Loaves and Fishes Too

All sites serve Monday-Friday 5:30-6:30 pm except as noted.

River of Life Church

2200 Fremont Avenue North

**Phone:** 612-521-7655

Holy Rosary Church

2424 18th Avenue South

**Phone:** 612-724-8929

Serves 5:15-6:15 pm Monday-Thursday

St. Stephen's School

2123 Clinton Avenue South

**Phone:** 612-871-2981

Creekside Community Center

9801 Penn Avenue South, Bloomington

**Phone:** 952-948-0746

Hope Church

7132 Portland Avenue South, Richfield

**Phone:** 612-869-7700

Serves Monday-Thursday 5–6 pm.

St. Mark's Episcopal Cathedral

519 Oak Grove Street

**Phone:** 612-870-7800

**Hours:** Dinner on Mondays at 6 pm for people under 30.

Salvation Army Harbor Light Center

1010 Currie Avenue

**Phone:** 612-338-0113

**Hours:**A hot meal open to the public served 7 days a week at 6 pm.

Sharing and Caring Hands (Mary Jo's)

425 North 7th Street

**Phone:** 612-338-4640

**Hours:** Dinner is served Monday–Thursday at 3:30 pm.

**Other Weekend Meals**

Calvary Baptist Church

2608 Blaisdell Avenue South

**Phone:** 612-872-7855

**Remarks:** Dinner on Sundays, October–April. Doors open at 1:30 pm for 2:30 meal. In 2015, will be closed on the first Sunday of the month.

Salvation Army Harbor Light Center

1010 Currie Avenue

**Phone:** 612-767-3100

**Remarks:** For Sunday, a nice dinner is served after chapel (service begins at 10 am). You must attend chapel to go to the meal. The regular “nutrition line” is at 6 pm and is open to the public.

Wesley Church

101 East Grant Street

**Remarks:**Tickets are issued at 10:30 am and doors open at 11:30 for noon meal.

## These Sunday meals are served 5–6 pm

First and Fifth Sundays of the Month  
Hennepin Avenue Methodist Church  
511 Groveland Avenue

Second Sunday of the Month  
St. Mark's Episcopal Cathedral  
519 Oak Grove Street

Third Sunday of the Month  
Plymouth Congregational Church  
1900 Nicollet Avenue South

Fourth Sunday of the Month  
Westminster Presbyterian Church  
Nicollet Mall at South 12th Street

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## D. Overnight Shelter

Metro Shelter Hotline

**Phone:** 1-888-234-1329 (toll free)

**Remarks:** Provides information about emergency shelter and transitional housing for single adults, families and youth in the 7-county Metro area.

### Women only

Salvation Army Harbor Light Center Secure Waiting  
1010 Currie Avenue

**Phone:** 612-767-3113

Sally's Place: A secure shelter and breakfast for single homeless women. A free hot meal is served at 6 pm and warm showers are available. The program is free and beds are available first come, first serve each night starting at 4 pm.

*Open to women only.*

Simpson Women's Shelter

2740 1st Avenue South

**Phone:** 612-874-0306 (daytime); 612-871-1138 (after 5 pm)

**Hours:** 5 pm–9 am.

**Provides:** Overnight shelter for 22 women; hot dinner, a simple breakfast and a to-go lunch are served to guests; showers, laundry, storage, savings, health clinic, and advocacy are available.

**Intake:** See lottery procedure on next page for intake.

**Remarks:** Women who agree to save a minimum of \$400 of their income each month to be used toward housing will receive an extended stay. (Need pay stubs to verify employment or disability benefits.)

## **Women's Shelter Lottery Process for Simpson and Our Saviour's Shelters**

- The lottery for available beds at Simpson and Our Saviour's Shelter will be held at 2740 1st Ave S on Wednesday afternoons at 3:30 pm. Women needing beds can arrive between 3:00-3:30 pm. If a woman cannot attend the lottery she can call 612-871-1138 and leave a message explaining why she cannot attend the lottery and have her name entered as a call-in. She will have to provide verification of why she is unable to attend. She can then call back after the lottery is over to see where she ended up in the lottery. There will be no one-night or waiting list beds given out through the lottery.
- Any woman who does not get a bed at the lottery will still have a chance throughout the week to stay at Simpson Shelter by calling in nightly for one of the open "nightly beds."

### **Men and Women**

Salvation Army Harbor Light Center

1010 Currie Avenue

**Phone:** 612-767-3113

Emergency Housing: Provides shelter, personal hygiene items and meals for homeless single adults who are receiving GA, social security or other benefits. *Open to men and women. Access through Hennepin County Shelter Team at Century Plaza or from 5-10 pm at Harbor Light Center.*

Booth Program: Is another type of contract--a person has to be vouchered through the county to be classified as "Booth."

Pay-for-Stay Housing: Is for men and women who are employed and can self-pay for Emergency Housing. Weekly and monthly rates are available. *Open to men and women.*

### Our Saviour's Shelter

2219 Chicago Avenue South

**Phone:** 612-872-4193, ext. 11

**Hours:** 6 pm-7 am.

**Provides:** Has 34 beds for men and 6 beds for women are available for 28 days. Some extensions are possible. Breakfast, supper, showers, laundry, and an address to receive mail are available. Building is wheelchair accessible.

**Intake:** See lottery procedure above for women; for men's lottery see next page.



## **Men's Shelter Lottery Process for Simpson, St. Stephen's & Our Saviour's Shelters**

- Drawings for available beds will be held at Simpson Shelter, 2740 1st Ave. S. on Monday nights at 5:30 pm. Doors open at 5 pm, but you must be signed up for the lottery before 5:30. **You must be sober** to participate in the lottery, meaning no alcohol or drug use at all prior to the drawing.
- There will be no one-night beds given out through individual lotteries.
- On Mondays a waiting list will be chosen for each shelter. People on the waiting list may receive 1 night or 28 nights depending on which shelter's waiting list they are on. People on the waiting list should contact their respective shelter each day to see if beds are available.

### **Men Only**

#### Catholic Charities Higher Ground

165 Glenwood Avenue North

**Phone:** 612-204-8552 (answered between 4 pm-10 am)

**Provides:** Provides overnight shelter for single adult men without children who are not eligible for county shelter. Open 7 days a week from 5 pm–10 am. A light dinner is served. Restrooms and showers are available. Pay-for-Stay beds are available for \$7/night or \$42/week. Pay-for-Stay is open from 4 pm-10 am and has lockers and a computer lab for residents. Must have staff referral, then are put on a wait list for Pay-for-stay.

**Intake:** Call for information, or ask staff at Higher Ground shelter.

#### St. Stephen's Shelter

2211 Clinton Avenue South

**Phone:** 612-874-9292

**Hours:** 5 pm–6:45 am.

**Intake:** See lottery procedure above for intake.

**Provides:** 44 beds are available for stays of up to 28 days. Must be sober to stay here. People who work late and have a 28-day spot can come to shelter late. You can get an extended stay by saving 40% of your income toward permanent housing. If you have never been to the lottery before, you can talk to shelter staff to be put on a waiting list.

**Services:** Breakfast, showers, weekend meals and laundry are available to guests. Regular medical services are offered. Hennepin County Access workers make regular visits, and staff members speak Spanish. Some job search assistance available.

**Remarks:** Guests must arrive or call to check in by 5:30 pm each night. Late entry until 1:00 am available for guests with verified employment.

Salvation Army Harbor Light Center Secure Waiting  
1010 Currie Avenue

**Phone:** 612-767-3100 x3158

Safe Bay

A secure shelter for single homeless men. A free hot meal is served at 6 pm and warm showers are available. This program is free and beds are available first come, first serve each night at 8 pm.

Simpson Men's Shelter

2740 1st Avenue South

**Phone:** 612-874-0306

**Hours:** 5 pm–9 am; staff is available by appointment.

**Intake:** See lottery procedure on previous page for intake.

**Provides:** 44 beds for men for 28 days. Hot dinner, a simple breakfast and a to-go lunch are served to guests; showers, laundry, storage, savings, health clinic & advocacy.

**Remarks:** Simpson has a savings program which allows guests an extended stay if they are saving a minimum of \$400 of their income each month toward housing. (Need pay stubs to verify employment or disability benefits.)

## **Families with Children**

People Serving People

614 South 3rd Street

**Front Desk Phone:** 612-277-0201

**Remarks:** The focus of this shelter is on families with children; and single pregnant females. All referrals are made by Hennepin County. Single pregnant women would share a room with one or two other women, while families have a private room. Women with one child under 8 share a room.

**Services:** Three meals, private rooms with bathroom and shower, and free laundry facilities are available. Assistance from Minneapolis Public Schools, medical clinic, Economic Assistance, Minneapolis Crisis Nursery, Rapid Exit and a preschool are also available, as well as services from 40 other agencies.

Families Moving Forward

1808 Emerson Avenue North

**Phone:** 612-529-2185

**Remarks:** Space is available for 8 families with children. 60-day stays with extensions available. Families sleep in congregations. Laundry, showers and meals are available.

**Hours to call for shelter:** If you are in need of shelter, call to find out about openings between 7:30 am-5:30 pm Monday-Sunday.

### Mary's Place

401 North 7th Street

**Phone:** 612-338-4855

**Intake Hours:** Monday through Thursday 10:15–11:30 am and 1:30–3 pm. Your entire family must go to Sharing and Caring Hands (525 N. 7th St.) to apply for shelter at Mary's Place.

**Provides:** Shelter for up to 30 days for families with two or more children. Shelter cannot be arranged over the phone.

### St. Anne's Place

2634 Russell Avenue North

**Phone:** 612-521-2128

**Remarks:** Up to 16 rooms are available for homeless families (mothers age 18+ and children only; no men). Families are referred through Hennepin County shelter team.

## **Battered Women**

### Cornerstone

**24-Hour Crisis Phone:** 952-884-0330 or toll-free 1-866-223-1111

**Provides:** Emergency housing for individuals or families in crisis. Clients also have access to full range of supportive services, including legal, parenting, therapy and transitional housing.

### Tubman

3111 1st Avenue South

**Business Phone:** 612-825-3333

**Office Hours:** Monday–Thursday 8 am–5 pm; Friday 8 am–noon.

**24-hour Crisis Intake:** 612-825-0000

**Remarks:** There is space for 80 women and their children in a secure environment. Referrals are made to safe shelters in the area when they are without space. Also has a site in Maplewood.

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There are several shelters located in the metro area for battered women and their children. The Battered Women's Hotline, 651-646-0994, offers assistance 24 hours a day. See page 80 for services for victims of crime and abuse.

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## **Youth**

### Avenues

1708 Oak Park Avenue North

**Phone:** 612-522-1690

**Intake information:** Call for information. Open 24 hours a day, seven days a week.

**Provides:** Overnight shelter for youth ages 16–20; clothing, case management, referral to services, legal assistance.

### The Bridge

1111 West 22nd Street

**Crisis Phone:** 612-377-8800

**Hours:** Open 24 hours a day.

**Remarks:** Space for 10-17 year olds. Call to see if space is available.

**Services:** Youth support groups, individual and family counseling. Transitional living spaces for 16 and 17 year olds.

### Camden Neighborhood Center

1210 37th Avenue North

**Crisis Nursery line:** 612-302-3500

**Office Phone:** 612-529-8054

**Office Hours:** Monday-Friday 9 am-4:30 pm.

**Provides:** Crisis nursery services in a community-based family support program that provides services to parents and children in times of crisis or stress.

### Hope Street

1126 East 46th Street

**Phone:** 612-204-8448

**Intake:** Call between 1-5 pm Monday through Friday for information about available openings.

**Provides:** Shelter for youth ages 16-20; case management, on-site clinic, MH services, independent living skills training.

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## **E. Showers**

### Catholic Charities Opportunity Center

740 East 17th Street

Showers and laundry are available Monday–Friday 8–11 am. Arrive between 7-8 am to receive a ticket for shower.

### House of Charity

510 South 8th Street

Showers are available Monday–Friday, 9 am–1 pm.

### Salvation Army Harbor Light Center

1010 Currie Avenue

Showers are available seven days a week, 8 am–4:30pm.

### Sharing and Caring Hands (Mary Jo's)

525 North 7th Street

**Hours:** Monday–Thursday, 10:30–11:30 am and 1:30–2:30 pm.

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## F. Transitional Housing

### Alternative Homes

2430 Pillsbury Avenue South

Offices: 2446 Portland Avenue South

**Phone:** 612-874-6321 or 612-874-0207

**Intake procedures:** Call to schedule an interview. Clients must be approved by a Hennepin County financial worker or be able to self-pay. Contact Dave Bates.

**Provides:** Safe, sober housing for single, adult men only. One house has 24-hour staff and medication assistance. Room and board are included in rent, which is often paid through GA or SSI. There is no limit to how long a resident can stay there, only that they follow the rules.

### Arrigoni House West

508 University Avenue SE

**Phone:** 612-331-6582

**Intake procedures:** Intake done by phone only Tuesday and Thursday 8:30–11 am. No walk-ins. Must be receiving benefits through GA or MSA.

**Provides:** Level 4 board and lodge for chemically dependent and chemically dependent-mentally ill males; voluntary structured living environment.

### Ascension Place

1803 Bryant Avenue North

**Phone:** 612-588-0861

**Provides:** Sober supportive housing for women with mental illness, chemical dependency, domestic violence or homelessness. No children. Room and board is paid by GRH through GA or SSI. Private bedrooms with shared bathrooms; all meals provided. Must have 60 days of sobriety and commit to living at least 2 months at Ascension Place. No limit on how long a resident can stay.

### The Bridge

1111 West 22nd Street

**Crisis Phone:** 612-377-8800

**Hours:** Open 24 hours a day.

**Remarks:** Transitional living program for youth between the ages 16–20. Up to 18-month stay. Call for an assessment.

Cabrini Partnership

1025 SE 6th Street

**Info Phone:** 612-454-4484

**Remarks:** Transitional housing for homeless or potentially homeless single adults (18 & older) with chemical dependency and/or mental illness issues with no spouse or children. Must have 30 days of sobriety, be active in the community for 30 hours per week, and make at least a 3-month commitment. Can stay up to two years. Call for intake appointment.

**Intake:** Must be a current resident in a shelter, treatment program or mental health facility, or be referred by a case manager. Must be receiving GA from Hennepin County or Social Security and eligible for GRH funding or self-pay.

House of Charity

510 South 8th Street

**Phone:** 612-594-2002 (intake coordinator)

**Intake:** Must be referred to program by another agency. Call for information.

**Remarks:** GRH-funded board and lodge. Program includes case management, meals, laundry facilities. Referrals are prioritized by need and appropriateness of services.

Kateri Residence

2408 4th Avenue South

**Phone:** 612-871-0477

**Intake:** Call for an interview.

**Provides:** Transitional housing for chemically dependent Native American women. Due to space and resources of the program, no more than two dependent children under the age of 12 living with a participant can be accommodated. It is completely sober living and participants must agree to complete random UAs and abide by all program rules and policies. Participants are expected to attend all in-house evening programming and complete 20 hours of outside programming per week. Intensive case management service is provided to all participants; on-site nurse, an LADC, 24-hour office coverage by staff, and a secure building entrance.

Life Rebuilders Midwest Challenge

3159 Park Avenue South

**Phone:** 612-825-6871 x7

**Provides:** Residential program in a safe, supportive environment for men ages 18+ who desire to get their lives on a productive course, (staying free of drugs, alcohol, and other addicting behaviors). The program offers emotional, intellectual, physical and spiritual support to help participants grow and gain the strength to succeed. Programs 6 months to 1 year in length..

**Intake:** Potential clients must make an appointment for an interview with the admissions coordinator. Each person accepted into the program must apply for GA and GRH. Goal-setting, counseling and classes will be included in each person's program.

Metro Shelter Hotline

**Phone:** 1-888-234-1329 (toll free)

**Remarks:** Provides information about emergency shelter and transitional housing for single adults, families and youth in the 7-county Metro area.

Our Saviour's Housing

2219 Chicago Avenue South

**Phone:** 612-872-4193

**Remarks:** Must be sober in order to enter any of the following programs. Rent is no more than 30% of income. Cooperative living environment and a sober and drug-free house. Candidates for this program must be referred from Our Saviour's shelter programs.

St. Stephens Residence

Housing for ten men for up to two years.

Westwood House

Housing for six women for up to two years.

Salvation Army Harbor Light Center

1010 Currie Avenue

**Phone:** 612-767-3109; **Veterans should call** 612-767-3100 x3144

**Remarks:** Transitional housing and structured sober living for men and women recovering from chemical dependency or chronic homelessness. Housing is offered at Harbor Light Center as well as at offsite locations. Additional programming provided for veterans. Veterans must apply through the VA's Front Porch meeting at the VA Medical Center on Thursday mornings at 7:30 am or at the Veterans Community Resource and Referral Center downtown Monday through Friday at 7:30 am.

Simpson Housing Services

2100 Pillsbury Avenue South

**Phone:** 612-455-0855

**Intake:** Referrals only through Hennepin Co. family shelter system.

**Provides:** Short-term and long-term housing and support services for families with children.

**Remarks:** Family advocates work with parents and education advocates work with children. Housing is scattered-site and site-based within Hennepin County.

Wayside Family Treatment

2120 Clinton Avenue South

**Phone:** 612-871-0099

**Remarks:** Long-term residential substance abuse and mental health treatment program. This comprehensive family treatment program provides services for mothers and their children up to age 12. Children are able to visit or live on-site with their mothers. Early childhood education, preschool and parenting groups provided. Services include on-site nursing staff, recovery coach, family therapy, play therapy, relapse prevention and DBT-based skills groups.

## G. Affordable Housing

### Rental Housing

Alliance Housing Inc.

2309 Nicollet Avenue

**Phone:** 612-872-2310

**Remarks:** Scattered independent living sites provide shared units for homeless single adults and apartments for homeless families. There are no subsidies or services. Income must be verifiable.

The Bridge

1111 West 22nd Street

**Phone:** 612-377-8800

**Hours:** Monday–Friday 9 am–6 pm.

**Remarks:** Scattered-site apartments with rent subsidies and support services for youth ages 16-20. All referrals must come through Hennepin County EJJ. Occasionally referrals may come through another Hennepin County program.

Drake Hotel

416 South 10th Street

**Contact:** 612-359-0947

**Rent:** *Single adults:* \$150/week; *Couples:* \$200/week, \$50 for each additional person.

**Remarks:** County vouchers are accepted for families who have been referred by Hennepin County.

Evergreen Residence

177 Glenwood Avenue North

**Phone:** 612-204-8406

**Rent:** \$380/month

**Provides:** Single rooms with shared baths.

**Intake:** Walk-in to fill out application. Has a 24-hour front desk. \$20 application fee and interview required.

**Remarks:** Must have verifiable income less than \$29,000; call or stop in to be put on an “interested list.”

Exodus Residence

819 2nd Avenue South

**Contact:** 612-204-8330

**Remarks:** Must be referred by Hennepin County. 89 units of transitional housing; 6 units of VA housing. Case management is available. Stays are up to 2 years in transitional units.

The Heritage

624 South 9th Street

**Contact:** 612-333-9284

**Remarks:** 16 efficiency units for homeless single adults.



### HOPE Community

611 East Franklin Ave. (use entrance from parking lot)

**Phone:** 612-874-8867

**Housing Information:** 612-333-9284 (*info about Aeon properties*)

**Hours:** Monday–Friday 9 am–4 pm

**Remarks:** Permanent affordable rental housing open to individuals and families.

**Rent:** A range of rents and units are available in several different buildings.

### Minneapolis Public Housing Authority

1001 Washington Ave North

**Phone:** 612-342-1400

**Hours:** Monday–Friday from 8 am–4:30 pm.

**Provides:** housing assistance in the form of Section 8 rent subsidy vouchers and residence in public housing to individuals, families, and senior citizens who meet eligibility requirements.

## **Supportive Housing**

### Alliance Apartments

719 East 16th Street

**Phone:** 612-630-3600

**Rent:** 30% of income for section 8, \$478 for the non subsidized units and GRH funding for the addition.

**Remarks:** 100 units are Section 8 certificates; another 24 are non-subsidized units which are permanent housing. There is no limit on the length you may live here. This is an entirely sober living environment. Residents must document 60 days of sobriety when applying, and must be sober on and off the property. Supportive services (i.e., AA meetings, case management, counseling) are available. 60 GRH funded units in new addition with same qualifications.

### Anishinabe Wakiagun

1600 East 19th Street

**Contact:** 612-871-2883

**Remarks:** Supportive housing for chronic alcoholics, men and women. Case management services and referrals are available.

**Intake Hours:** Monday through Friday 7 am-7 pm.

### Archdale Apartments

1600 1st Avenue South

**Phone:** 612-253-1462

**Remarks:** Has 26 units of permanent rental housing for youth ages 16–21 and 4 onsite parent units. There also are 7 scattered site apartments for single teen parents. It is an alcohol- and drug-free program. Applicants must currently be homeless.

Cabrini Partnership

919 12th Ave SE

**Phone:** 612-454-4460

**Remarks:** “Housing First” program to connect individuals who are long-term homeless with supportive housing. Single adults only, no family housing available.

**Intake:** Clients should not call directly. Must be referred by a shelter or county case manager. Must be receiving GA from Hennepin County or Social Security.

Catholic Charities Higher Ground

165 Glenwood Dr.

**Phone:** 612-204-8551

**Provides:** Permanent supportive housing with services for people who have been long-term homeless. 74 SRO units are available for single men, and 11 efficiency apartments for single men or women.

**Rent:** Some SRO units are funded through GRH, and some SROs and efficiencies through Shelter Care Plus, which would be 30% of income. For both you must be receiving or eligible for some form of public assistance.

**Intake:** Call for information, or ask staff at Higher Ground shelter.

Central Avenue Apartments

1828 Central Avenue NE

**Contact:** 612-314-4600

**Remarks:** Efficiency apartments for people who are homeless, sober, and have a verifiable disability. Rent is 30% of income. Must document 30 days of sobriety.

Glenwood Residence

173 Glenwood Avenue North

**Contact:** 612-204-8405

**Remarks:** Support services and housing for late-stage, chronic alcoholics (private room with shared baths; meals included). This is not sober housing. Men only.

House of Charity

510 South 8th Street

**Phone:** 612-594-2027

**Intake:** Must be referred to program by another agency. Call for info.

**Remarks:** Harm reduction GRH-funded program providing scattered-site permanent housing (individual apartments) with home visits from support staff. Must pass background checks according to landlord’s criteria.

### Lydia Apartments

1920 LaSalle Avenue South

**Phone:** 612-879-5770

**Provides:** Permanent supportive housing for people with disabilities. All apartments are efficiencies. Must be homeless, disabled and committed to sobriety (60 days sobriety required).

**Intake:** Call and ask for Spectrum Coordinator to see if applications are being taken.

### Nicollet Square

3710 Nicollet Avenue South

**Phone:** 612-823-0122

**Provides:** Permanent supportive housing for 42 youth ages 16-20.

### Opportunity Housing

**Phone:** 612-376-7661

Continental Hotel

66 South 12th Street

The Lamoreaux

706 1st Avenue North

The Coyle

1801 LaSalle Avenue

**Provides:** Group residential housing program with efficiency apartments (some with shared kitchens and baths) and some Section 8 and market-rate units for long-term homeless individuals. Regular case management and supportive services will be provided.

**Remarks:** Must be referred by a social service provider, be age 18 or older, eligible for GA or SSI, and have been long-term homeless. Staff will review applications for eligibility.

### Our Saviour's Housing

2219 Chicago Avenue South

**Phone:** 612-872-4193

**Provides:** Permanent supportive housing for individuals who have a disability and have been long-term homeless.

### People Serving People

614 South 3rd Street

**Provides:** Permanent supportive housing program for families of four or less.

**Intake:** Contact the Family Stabilization Mgr. (612-277-0262) between 8 am–5 pm Monday–Friday.

### Portland Village

1829 Portland Avenue South

**Phone:** 612-872-9045

**Provides:** A sober living environment for homeless families with a disability. Rent is 30% of income. Supportive services, including day care, are available.

**Remarks:** Must have 30 days of sobriety when applying, and must be sober on and off the property.

Pursuit Homotel

1918 Park Avenue South

**Phone:** 612-874-0332

**Provides:** Board and Lodge open to men only.

Salvation Army HOPE Harbor

53 Glenwood Avenue

**Phone:** 612-659-0705

**Rent:** Varies. Some units are 30% of income; market rate units are \$350/month

**Provides:** Permanent supportive housing for single adults. Efficiency unit includes own bathroom, kitchen and furnished bed, dresser and desk.

**Remarks:** Call first to find out if accepting applications. Applications may also be picked up at front desk.

Spectrum Homeless Project

1825 Chicago Avenue South

**Phone:** 612-752-8200

**Remarks:** Independent living program to help homeless mentally ill individuals to get off the streets and develop a stable rental history. No families or couples.

Turning Point, Inc.

1500 Golden Valley Road

**Phone:** 612-520-4004

**Remarks:** Supportive Housing program is a culturally-specific, community-based sober, supportive housing program serving homeless men and women over the age of 18. These people must have a primary diagnosis of chemical abuse/dependency, mental illness or HIV. The goal of the program is to provide affordable housing and deliver comprehensive support services.

YouthLink

St. Barnabas Apartments

906 South 7th St.

**Phone:** 612-253-0630

**Provides:** 39 units of transitional housing with supportive services for youth ages 16-21.

## **Other Housing Assistance**

### American Indian Community Development Corp.

1508 East Franklin Avenue

**Phone:** 612-813-1610

**Hours:** Monday through Friday, 8 am–4 pm.

**Provides:** List of available housing in the seven-county metro area. No financial assistance is provided. While focused on the Native American community, this service is available to all.

### Legal Aid

430 1st Avenue North #300

**Intake:** 612-334-5970

**Intake hours:** Monday–Friday 9:30–11:30 am; 1:30–3:30 pm.

**Office Phone:** 612-332-1441

**Provides:** Legal assistance for individuals with housing-related problems (eviction, sub-standard housing, need for repairs, rent increases, landlord abuses, loss of public housing matters, etc.)

**Remarks:** Services are free if eligible.

### Minnesota Attorney General's Office

**Phone:** 651-296-3353 or 1-800-657-3787

**Hours:** Monday through Friday from 8 am–5 pm.

**Provides:** Information about housing law and tenant rights to anyone in Minnesota.

### Open Access Connections

**Phone:** 651-643-0883

**Provides:** Through community outreach sites and a network of community agencies, Open Access Connections provides an individual voice mail phone number for low income people to receive messages as they look for jobs or housing and as they maintain contact with health care and social services professionals. It also provides a safe phone number for victims of domestic abuse. There is no charge. Call 651-643-0883 for a referral to a participating agency or to one of the outreach sites.

### St. Stephen's Prevention Program

2309 Nicollet Avenue

**Intake Phone (families):** 612-870-2298

**Intake Phone (single adults):** 612-767-4446

**Provides:** The Prevention program provides some financial help to prevent families and singles from losing housing.

**Intake:** Applicants must call first to begin the process.

**Remarks:** Single adults and families must live in Minneapolis and used up Emergency Assistance within last 12 months. Situation must be resolvable, and they must have some income to go toward rent.

### St. Stephen's Family Rapid Rehousing Program

2309 Nicollet Avenue

**Phone:** 612-874-0311

**Provides:** Family Rapid Rehousing provides assistance to homeless families staying in Hennepin County emergency homeless shelters to find and maintain permanent housing. Staff work with clients find housing as quickly as possible and to develop a service plan which may include advocating with landlords, helping clients understand and comply with leases, job-seeking assistance, and providing support services after clients have moved into their apartments.

**Remarks:** Families must staying in Hennepin County-funded shelter and be referred through the Rapid Rehousing Screener at Century Plaza.

### St. Stephen's Single Adult Rapid Rehousing Program

2309 Nicollet Avenue

**Phone:** 612-874-0311

**Provides:** Assistance to homeless individuals to find and maintain permanent housing. Staff work with clients to determine the best plan to get off and stay off the streets. This includes transportation to look at apartments, advocating with landlords, helping clients understand leases, and providing follow-up after clients have moved into their apartments.

**Remarks:** Single adults without children, call for information. Must be staying in Hennepin County shelter and be referred by a case manager or other staff.

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## **H. Furniture**

### Camden Neighborhood Center

1210 37th Avenue North

**Phone:** 612-529-8054

**Hours:** Monday-Friday 9 am-4:30 pm.

**Provides:** Can provide referrals to Bridging for furniture. Call for information. Walk-ins available from 2-4 pm every second and fourth Tuesday of the month.

### Sabathani Community Center

310 East 38th Street

**Phone:** 612-821-2396

**Hours:** Monday-Friday 9:30-11:30 am and 1-3:30 pm.

**Remarks:** Need transportation for furniture pickup.

Salvation Army

Temple: 1604 East Lake Street

**Phone:** 612-767-2700

Parkview: 2024 Lyndale Avenue North

**Phone:** 612-522-6581

**Hours:** Monday–Friday 8 am–noon and 1–4 pm.

**Remarks:** Client must have a referral from a caseworker, social worker advocate, and must provide a \$70 money order. Once the client has these items, please call 612-522-6581 ext. 106 to set up an appointment.

For furniture and household good vouchers, client must have a new lease and moved into their place within the last 90 days. Client must provide lease, photo ID and medical card, social security card or birth certificate for the other household members.

Salvation Army Center City Office

53 Glenwood Avenue

Phone: 612-659-0711

**Hours:** Monday–Thursday 8 am–noon and 1–4 pm; Friday 8 am–noon and 1–3:30 pm.

**Remarks:** Walk-ins welcome. Clients must have a referral from a caseworker at an overnight shelter, picture ID, and be moving out of a shelter into the downtown Minneapolis area.

Salvation Army

Central: 2727 Central Avenue NE

**Phone:** 612-789-1512

Noble: 10011 Noble Parkway

**Phone:** 763-425-0517

**Hours:** Monday–Friday 8 am–noon and 1–4 pm.

**Remarks:** Call for an appointment. Once you have talked to a caseworker, you may receive a voucher to a Salvation Army thrift store. You need to provide a photo ID and piece of current mail at the time of the appointment.

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## I. Case Management

Assertive Community Treatment (ACT) Homeless Team-People Inc.  
2120 Park Avenue South

**Phone:** 612-465-0105

**Hours:** Office: Monday-Friday 7:30 am-4pm; In community: Monday-Saturday 7 am-5 pm. Calls taken 24/7.

**Provides:** Field and community case management (assistance with goal-setting, paperwork, appointment attendance), psychiatric provision (including mental health prescriptive medications, med education, and med management), nursing, therapeutic appointment referrals, medical follow-up and monitoring, assistance with employment and volunteering, and informational groups in Hearing Voices, Illness Management and Recovery, and Mental Illness/Chemical dependency).

**Remarks:** Call to prescreen for qualifications. Must be long-term homeless, have a serious mental illness diagnosis, and be over the age of 18. Cannot provide services for families.

Comunidades Latinos Unidos en Servicios (CLUES)

720 East Lake Street

**Phone:** 612-746-3500

**Hours:** Monday–Thursday 8:30 am–7 pm; Friday 8:30 am–5 pm.

**Provides:** Home-centered advocacy series to link families with culturally-specific support and case management.

Metropolitan Center for Independent Living

530 Robert Street North, St. Paul

**Phone:** 651-646-8342

**Hours:** Monday-Friday 8 am-4:30 pm.

**Provides:** Works with people with disabilities to help them gain a more independent life through life skills classes and one-on-one meetings to discuss goals and develop plans to accomplish the goals.

North Point Health & Wellness Center

1315 Penn Avenue North

**Phone:** 612-767-9500

**Hours:** Monday–Friday 8:30 am–5 pm.

**Remarks:** North Point Human Services offers a wide range of services including: client advocacy, financial counseling, housing and rental assistance, and a food shelf.



Salvation Army - Locations listed below

**Provides:** Case management services to help individuals and families move toward self-sufficiency.

Salvation Army Central

2727 Central Avenue Northeast

**Phone:** 612-789-1512

**Hours:** Monday–Friday 8 am–noon and 1–4pm.

**Service Area:** ZIP codes served: 55418, 55413, 55414, and Hennepin Co. part of 55421. Call for an appointment. Clients must have a photo ID and a piece of mail at the appointment.

**Remarks:** Other services include hygiene items, referrals for clothing, clothing vouchers and some furniture assistance. Can help once a year with prescriptions that are necessary for survival.

Salvation Army Noble

10011 Noble Parkway

**Phone:** 763-425-0517

**Hours:** Monday–Friday 8 am–noon and 1–4 pm.

**Service Area:** Northern and northwest suburbs of Hennepin Co.

Salvation Army Parkview

2024 Lyndale Avenue North

**Phone:** 612-522-6581

**Hours:** Monday–Friday 8 am–noon and 1–4:30pm.

**Service Area:** North Minneapolis. Call for an appointment. Clients must have a photo ID, letter of referral, and a piece of mail at the appointment.

Salvation Army Center City Office

53 Glenwood Avenue

**Phone:** 612-659-0711

**Hours:** Monday–Friday 8 am–noon and 1–4 pm

**Service Area:** Walk-ins welcome.

**Remarks:** Other services include hygiene kits, transportation assistance (medical appointments or new job) and employment assistance (resume writing, access to job postings and referral service).

Salvation Army Temple

1604 East Lake Street

**Phone:** 612-767-2700

**Hours:** Monday–Friday 8:00 am–12 noon and 1–4 pm.

**Service Area:** South Minneapolis and southern Hennepin county. Call for an appointment. Clients must have a photo ID and a piece of mail at the time of the appointment.

**Remarks:** Other services include hygiene items, referrals for clothing, clothing vouchers, some furniture assistance and utility assistance. Can help once a year with prescriptions that are necessary for survival.

## Section 2. Public Assistance

Everyone has the right to apply for public assistance. Public assistance is available to persons who do not have the financial resources to pay for necessities such as food, housing, and medical care. There are different kinds of assistance, and each program has its own requirements and limits on income/assets.

### A. Types of Assistance

Minnesota Family Investment Program (MFIP)

Diversionsary Work Program (DWP)

Emergency Assistance (EA)

Energy Assistance

Supplemental Nutrition Assistance Program (SNAP)

General Assistance (GA)

Medical Assistance (MA)

Minnesota Supplemental Aid (MSA)

Supplemental Security Income (SSI)

**What you need:** An original picture ID, or a birth certificate, and your Social Security number. **For General Assistance** you must have a Social Security Card *and* one of the following: driver's license, state ID, passport or visa, alien registration card or certificate of naturalization, military photo ID or DD214, school ID, correctional facility photo ID (not from city jail or a mug shot), release/parole agreement (with confirming contact with facility or parole officer), operator's occupational license with photo, employee ID with photo, date of birth and signature, certified or original birth certificate, birth record certification card, notarized copy of a birth record from a Minnesota Indian reservation, or a Tribal Decree card.

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**Note:** When applying always ask about other forms of assistance for which you are eligible. County workers will work with you to find all the programs that you qualify for.

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#### **Your Rights:**

- to apply or reapply at any time.
- to know the eligibility requirements
- to know how your grant was determined
- to choose where and with whom you live (with certain limitations)
- to appeal any decision or failure to act
- to file a complaint if discriminated against.

## **Your Responsibilities:**

- to provide truthful information
  - to inform the proper agency of changes such as address, income, persons living with you, and other factors which can affect your assistance. This must be done within 10 days of the change.
- 

## **Eligibility Supports Help Line: 612-596-1300**

EZINFO Line is available with automated information at any time. To speak to a worker, the lines are open from 9:00 to 4:00 Monday through Friday. Please have your case number ready when you call. For information about EBT call 1-888-997-2227

## **Appeals:**

You have the right to appeal any decision made which affects benefits which you feel you are entitled to. You must appeal a decision within 30 days. If you receive a termination notice, however, you need to appeal within 10 days.

If you want your grant to continue, you will need to request that in writing within 10 days or it will NOT continue. Any benefits received during an appeal will be considered an overpayment if you lose the appeal.

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You may want to seek the advice of a lawyer. See *Legal Assistance* on page 84.

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## **Where to Apply for Public Assistance Programs:**

You may apply online at: <https://applymn.dhs.mn.gov/online-app-web/spring/public/process-login?execution=elsl>

*You may also call to have the application packet mailed directly to you.*

## **Where to Apply in Person:**

Hennepin County Human Services Dept.

Family Assistance Division (FAD)

330 South 12th Street (Century Plaza)

**Phone:** 612-596-1300

North Minneapolis Regional Human Service Center

1001 Plymouth Avenue North

West Regional Human Service Center

1011 1st Street South, Suite 108, Hopkins

South Suburban Regional Human Service Center

VEAP Community Service Center

9600 Aldrich Avenue South, Bloomington

Northwest Family Service Center

7051 Brooklyn Blvd., Brooklyn Center

In addition to the regional hubs above, adults without children may apply for benefits at:

Hennepin County Human Services Dept.

Adults-Disabled Division (ADAD)

330 South 11th Street (Century Plaza)

**Phone:** 612-596-1300

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## **B. MN Family Investment Program (MFIP)**

MFIP provides monthly assistance for men and women with children, pregnant women, and two-parent families who have little or no income. Applicants must meet eligibility requirements. (Parent(s) cannot have cash assets worth more than \$2000. While on assistance families may accrue up to \$5000.)

When applying, ask about other assistance you may qualify for such as *Emergency Assistance* (to prevent eviction, mortgage foreclosure and help pay utility bills), *Energy Assistance* (to help pay heat and electric bills), *SNAP*, & *Medical Assistance*.

You may apply online at: <https://applymn.dhs.mn.gov/online-app-web/spring/public/process-login?execution=e1s1>

### **Where to Apply in Person:**

See page 35 for addresses of Hennepin County Regional Human Service Centers.

#### North Point Health & Wellness Center

Gateway Program

1315 Penn Avenue North

**Phone:** 612-767-9500

**Hours:** Monday through Friday 8 am–5 pm.

**Provides:** Gateway's goal is to increase family strength. This is done by connecting families to services and working closely to achieve family goals. Call for more information about assistance provided to MFIP families.

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## **C. Emergency Assistance (EA)**

When families are in a financial crisis that poses a direct threat to the physical health or safety of a child younger than 18, the Hennepin County Emergency Assistance program can help by providing short-term aid.

Services include:

- Housing costs such as rent payments, damage deposits, home repairs, utility bills.
- Foreclosure prevention, moving expenses, transportation for homeless families.
- Additional food support for people who have specific dietary needs (special diets).

## **Where to Apply in Person:**

You must attend an interview to receive benefits. If you are unable to come to a session at any of the scheduled times, call the Emergency Assistance team at 612-596-1900.

### Hennepin County Human Services Dept.

Family Assistance Division (FAD)  
330 South 12th Street (Century Plaza)

**Hours:** Application sessions are available on a walk-in basis Monday through Friday 7:30 am-5 pm.

North Minneapolis Regional Human Service Center  
1001 Plymouth Avenue North

**Hours:** Application sessions are available on a walk-in basis.

West Regional Human Service Center  
1011 1st Street South, Suite 108, Hopkins

**Hours:** Application sessions are available on a walk-in basis.

South Suburban Regional Human Service Center  
VEAP Community Service Center

9600 Aldrich Avenue South, Bloomington

**Hours:** Application sessions are available on a walk-in basis.

Northwest Family Service Center  
7051 Brooklyn Blvd., Brooklyn Center

**Hours:** Application sessions are available on a walk-in basis.

*In addition to the regional hubs above, adults without children may apply for benefits at:*

### Hennepin County Human Services Dept.

Adults-Disabled Division (ADAD)  
330 South 11th Street (Century Plaza)

**Phone:** 612-596-1300

***Emergency Assistance is limited to one use  
during a 12-month period.***

## ***Expedited Appeal***

If your application for Emergency Assistance is denied, you may appeal the decision. If you request an expedited appeal, a hearing can be granted within a few days. See *Appeals*, page 35. (You may want to consult with your Advocate; see also “*Legal Assistance*”—page 84).

### Brian Coyle Community Center

420 15th Avenue South

**Phone:** 612-338-5282

**Provides:** Food, and support for victims of crimes.

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## D. Energy Assistance

### Where to Apply:

Online applications can be found at: [www.capsh.org/serv/ces/energy-assistance/](http://www.capsh.org/serv/ces/energy-assistance/)

#### Community Action Partnership of Suburban Hennepin

8800 Hwy. 7 Ste. 403, St. Louis Park

**Hours:** Monday and Wednesday 8 am-7 pm; Tuesday, Thursday and Friday, 8 am-4:30 pm.

#### Sabathani Community Center

310 East 38th Street, Ste. 211

**Hours:** Monday through Friday, 8 am-4:30 pm.

#### Minneapolis Urban League

2100 Plymouth Avenue North, Ste. 112

**Hours:** Monday through Friday, 8 am-4:30 pm.

#### Lutheran Social Service - Center for Changing Lives

2400 Park Avenue South

**Hours:** Monday through Friday, 8:30 am-4:30 pm.

#### Northwest Family Service Center

7051 Brooklyn Blvd., Brooklyn Center

Energy Assistance provides financial assistance with payment of heat and utility bills to renters and home owners for the period beginning October 1, and going through May 31, or as long as the program funding lasts. Need documentation of public assistance benefits received in the past year to apply.

#### Community Emergency Service

1900 11th Avenue South

**Phone:** 612-870-1125

**Provides:** Assistance with those facing water shutoff notices. This is for south Minneapolis residents only and does not apply to other utility shutoffs.

#### Salvation Army Temple

1604 East Lake Street

*South Minneapolis, southern Hennepin Co. & McLeod Co.*

**Phone:** 612-767-2700

Provides assistance with utility bills (once per heating season).

#### Salvation Army Parkview

2024 Lyndale Avenue North

*North and Northeast Minneapolis*

**Phone:** 612-522-6581

**Hours:** Monday-Friday 8 am-noon and 1-4 pm.

Provides assistance with gas and electric bills (once per heating season). Must have utilized Hennepin County EA within past 12

months or been denied within past 30 days, utilized Community Action, and has a disconnection notice, is currently shut off, or in threat of being disconnected in order to apply.

Salvation Army Noble

10011 Noble Parkway

Northern and Northwest suburbs of Hennepin County

**Phone:** 763-425-0517

**Hours:** Monday–Friday 8 am–noon and 1–4 pm

Provides assistance with utility bills (once per heating season).

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## **E. Supplemental Nutrition Assistance Program (SNAP)**

Monthly grants of SNAP (formerly “Food Support”) can be used at grocery stores. The amount of the grant depends on the monthly income of each person in the family/household and costs for shelter. Most who receive assistance like MFIP, GA, or SSI are also eligible for SNAP. Working persons with low incomes may also qualify. Since eligibility is based on family or household income, you must provide truthful information about the income of **all** persons in your family/household.

### **Where to Apply:**

You may apply online at: <https://applymn.dhs.mn.gov/online-app-web/spring/public/process-login?execution=e1s1>

### **Where to Apply in Person:**

See page 35 for addresses of Hennepin County Regional Human Service Centers.

Single adults & Families:

Salvation Army

Temple: 1604 East Lake Street

**Phone:** 612-767-2700

Central: 2727 Central Avenue NE

**Phone:** 612-789-1512

Parkview: 2024 Lyndale Avenue North

**Phone:** 612-522-6581

Center City: 53 Glenwood Avenue

Phone: 612-659-0711

**Hours:** Monday–Friday 8 am–noon and 1–4 pm

**Remarks:** Food support application assistance & info referral.

Second Harvest Heartland SNAP Application Assistance

**Phone:** 651-209-7963

**Provides:** Screening for SNAP eligibility and assistance completing application; follow-up as needed; assistance with recertification.

## Food Support Employment & Training

This is a job search program for individuals who receive food support. Participation is required to receive SNAP.

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## F. General Assistance (GA)

General Assistance provides monthly assistance to single persons and childless couples who have little or no income and who meet eligibility requirements. Families ineligible for MFIP are not eligible for GA. Applicants must meet eligibility requirements.

### Examples:

(1) persons applying must be unable to work because of certified illness or injury, advanced age which makes it difficult to gain employment, inability to read and write well enough to hold employment, etc. (There are approximately 15 categories of eligibility; those mentioned above are among them.) People who were disqualified from SSI because they were categorized as “DAA” (Drug & Alcohol Addicted) may be eligible for General Assistance.  
(2) persons cannot have cash assets worth more than \$1000.

When applying, inquire about other assistance you may qualify for: *Emergency General Assistance* (to prevent eviction), *Energy Assistance*, *SNAP* and *Medical Assistance*.

### Where to Apply:

You may apply online at: <https://applymn.dhs.mn.gov/online-app-web/spring/public/process-login?execution=e1s1>

### Where to Apply in Person:

See page 35 for addresses of Hennepin County Regional Human Service Centers.

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**NOTE:** Applicants for General Assistance can apply for other forms of assistance such as food support or health care programs at the same location.

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## G. Medical Assistance (MA)

Provides assistance with payment of medical bills for persons and families who meet income eligibility requirements. Assets allowed vary, so be sure to bring your income information when you apply. Persons who are eligible have the right to see the doctor, dentist, pharmacy, clinic, or hospital of their choice.

### Where to Apply:

You may apply online at: <https://applymn.dhs.mn.gov/online-app-web/spring/public/process-login?execution=e1s1>

### Where to Apply in Person:

See page 35 for addresses of Hennepin County Regional Human Service Centers.



NOTE: Some copayments may be required for office visits, prescriptions or other services for people on MA.

## **MNsure**

MNsure is the new health insurance exchange where individuals and families select a health care plan, including low cost or free coverage. Insurance rules have changed even for Medical Assistance and MinnesotaCare. If you have not been able to get coverage in the past you may be qualify under the new rules. MNsure offers:

- A website ([mnsure.org](http://mnsure.org)) where you can apply for coverage and select a health plan.
- Someone you can talk to about your options over the phone, 1-855-3MNSURE (1-855-366-7873)
- Places where you can sign up in your community

Coverage started Jan. 1, 2014. Open Enrollment March 1-April 30, 2015 is a special enrollment period for those who did not get insurance last year and are penalized. Next Open Enrollment will be Nov. 15, 2015-Feb. 15, 2016. Enrollment in Medical Assistance or MinnesotaCare continues throughout the year.

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## **H. Minnesota Supplemental Aid (MSA)**

### **Where to Apply:**

You may apply online at: <https://applymn.dhs.mn.gov/online-app-web/spring/public/process-login?execution=e1s1>

### **Where to Apply in Person:**

See page 35 for addresses of Hennepin County Regional Human Service Centers.

A state-sponsored program that provides additional monthly funding to those persons who are receiving SSI or Social Security. The amount of an MSA grant depends on several different factors, such as how much you pay in rent, if you live alone or with other people, and what your total income is. (Income includes Social Security and SSI.) Because it is a state program, the county—not the Social Security office—manages it.

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# I. Social Security

## **Where to Apply:**

Social Security Administration

1811 Chicago Avenue South

**Phone:** 1-800-772-1213

**Hours:** Monday through Friday from 9 am–4:30 pm.

## **Supplemental Security Income (SSI)**

SSI is a federal needs based program providing benefits to anyone who is aged (age 65 or older), blind, or disabled. Disabled under SSI rules means a person has a medically determinable physical or mental impairment, which: results in the inability to do any substantial gainful activity, and has lasted or can be expected to last for a continuous period of not less than 12 months. Substantial gainful activity is defined as the ability to work and earn \$980.00 per month. If someone is working, there are ways that could lower the monthly gross wages below \$980.00. The Social Security Administration no longer recognizes drug addiction and alcoholism (DA & A) as disabling conditions. Someone with another impairment should still file. If the DA & A does not contribute to the impairment, they could be found to be disabled. Anyone who is disabled, should be encouraged to file for benefits.

To determine SSI eligibility and payment amounts, SSA considers the applicant's income and resources. Income could include money earned from work, benefits from other sources, such as; Social Security, worker's compensation, Veterans Affairs, friends or relatives, free food or shelter. Resources are things which a person owns such as; cash, bank accounts, land, vehicles, personal property, life insurance, anything that can be converted to cash and used for food and shelter. There are many exceptions/exclusions regarding income and resources. Anyone that is disabled should be encouraged to file for SSI.

To be eligible for SSI, an applicant must be a US citizen or one of certain alien categories. There are many categories of lawful aliens that would be eligible for SSI, contact a Social Security Office or the National 800 number 1-800-772-1213 to inquire.

Anyone applying for SSI will be asked about their medical history; doctors, tests, and medications. The claim representative (CR) will ask questions about the person's income, resources, and living arrangements. The CR will ask the applicant to attest to the truthfulness of their answers.

### **Appeals:**

If an application is denied, there is a 65 day appeals period (60 days plus 5 days mailing). If an appeal is requested after 65 days, the applicant must show good cause for late filing of the appeal. If the late appeal is not accepted, a new application can be filed, but there is a potential loss of benefits. The Social Security Office can provide a referral list for free legal services.

#### Cooper and Reid LLC

825 Nicollet Mall, Suite 950 (Medical Arts Bldg.)

**Phone:** 612-353-4769

**Hours:** Call for an appointment.

**Provides:** Free attorney assistance filing Social Security applications, reconsiderations and appeals for recipients of GA, MFIP, DWP, and FSS.

#### Salvation Army Center City Office

53 Glenwood Avenue

**Phone:** 612-659-0711 ext. 30

**Service Area:** Minneapolis and West Metro area

**Provides:** If you are unable to work because of a diagnosed disability, staff will assist with applications for Social Security benefits for individuals who are receiving cash assistance from the county (GA, MFIP, RCA).

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## **Section 3. Health Care**

### **MNSure**

MNSure is the new health insurance exchange where individuals and families select a health care plan, including low cost or free coverage. Insurance rules have changed even for Medical Assistance and MinnesotaCare. If you have not been able to get coverage in the past you may be qualify under the new rules. MNSure offers:

- A website ([mnsure.org](http://mnsure.org)) where you can apply for coverage and select a health plan.
- Someone you can talk to about your options over the phone, 1-855-3MNSURE (1-855-366-7873)
- Places where you can sign up in your community

Coverage started Jan. 1, 2014. Open Enrollment March 1-April 30, 2015 is a special enrollment period for those who did not get insurance last year and are penalized. Next Open Enrollment will be Nov. 15, 2015-Feb. 15, 2016. Enrollment in Medical Assistance or MinnesotaCare continues throughout the year.

## **A. Community Clinics**

### Cedar Riverside People's Center

425 20th Avenue South

**Phone:** 612-332-4973

**Hours:** Monday–Friday 8:30 am–5 pm (open until 8 pm Tuesdays, Wednesdays and Thursdays); Call for an appointment, though walk-ins welcome from 8:30-noon.

**Remarks:** MA, UCare, Minnesota Care, and private insurance are accepted; those without insurance will be charged according to their monthly income on a sliding fee scale.

**Provides:** Family practice, women's clinic and pregnancy testing; HIV testing; treatment for sexually transmitted diseases; pre-natal care; education programs on birth control and STDs; geriatric and pediatric services; dental program; x-rays; mental health clinic with psychology and counseling program; TAMS teen clinic.

### Augsburg Nursing Center at Central Lutheran Church

333 South 12th Street

**Phone:** 612-870-4416

**Hours:** Monday and Thursday 10 am–2 pm.

**Provides:** Safe drop-in space for women and children. Focuses on basic health care needs, healthcare education and early childhood education for women who are on the street with their children.

### Community-University Health Care Center

2001 Bloomington Avenue South

**Phone:** 612-638-0700

**Hours:** Monday–Friday 7:30 am–5 pm.

**Remarks:** Call or walk in to schedule an appointment. Help applying for insurance; most insurances accepted including Medical Assistance. Sliding-fee scale available. No one turned away based on inability to pay. Some same-day appointments available.

**Provides:** family practice, pediatric, internal medicine providers, pregnancy and women's health care, counseling, dental care, pregnancy testing, HIV & sexually transmitted infection testing; confidential, same day walk-in family planning (birth control and morning-after pill.)

### East Lake Clinic

2700 East Lake Street #1100

**Phone:** 612-873-6963

**Hours:** Monday and Wednesday 8 am–8 pm; Tuesday, Thursday and Friday 8 am–5 pm. Call for appointment.

**Remarks:** Primary care and health maintenance; Acute care for children and adults; Infant and well-child care; Family planning and birth control; Certified Nurse Midwives; Senior health care; health education; group pre-natal visits.

### Indian Health Board

1315 East 24th Street

**Phone:** 612-721-9800

**Hours:** Appointments: Monday, Wednesday, Thursday and Friday 8:45 am–5 pm; Tuesday 8:45 am–8 pm.

**Remarks:** Persons should first make an appointment; MA accepted; those without insurance will be charged according to a sliding fee scale.

**Provides:** Medical and dental clinics, health promotion and disease prevention; counseling and support unit; high-risk pre-natal; WIC; outreach worker; diabetes prevention, diabetes clinic program.

### Native American Community Clinic

1213 East Franklin

**Phone:** 612-872-8086

**Hours:** Monday, Tuesday, Thursday, and Friday 9 am–5 pm; Wednesday 9:30–5 pm; Saturday 10 am–2 pm.

**Provides:** Medical clinic, pediatrics, elder care, diabetes case management, counseling, nutrition and family planning.

**Remarks:** MA and private insurance plans are accepted. For those without insurance, there is a sliding fee scale based on family size and income.

### Neighborhood HealthSource

#### Central Clinic

2610 Central Avenue Northeast

*Will be moving in Spring 2015 to:*

2301 Central Ave NE

**Phone:** 612-781-6816

**Hours:** Monday–Friday 8 am–5 pm by appt. Some walk-ins.

**Remarks:** Most public, government and private insurance plans are accepted; persons who do not have insurance will be charged according to a sliding fee scale based on income.

**Provides:** Basic health care (adults and pediatric), mental health services, interpreters, family planning, pregnancy testing, “Seen on the Streets” STD testing (see page 50), diabetes, and childhood obesity prevention programs.

#### Fremont Clinic

3300 Fremont Avenue North

**Phone:** 612-588-9411

**Hours:** Monday, Wednesday, Thursday and Friday 8 am–5 pm; Tuesday 8 am–7 pm by appointment. Some walk-ins are available.

**Remarks:** Most public, government and private insurance plans are accepted; persons who do not have insurance will be charged according to a sliding fee scale based on income.

**Provides:** Basic health care (adults and pediatric), mental health services, interpreters, family planning, pregnancy testing, STD testing, and childhood obesity prevention programs.

Heritage Seniors Clinic

1015 4th Avenue North, Suite 201

**Phone:** 612-588-9411

**Hours:** Limited hours. Call for appointment.

**Provides:** Comprehensive health and wellness services for seniors, age 50 and older.

**Remarks:** Most public, government and private insurance plans accepted; persons without insurance will be charged according to a sliding fee scale based on income and household size.

Sheridan Clinic

342 13th Avenue NE

**Phone:** 612-362-4111

**Hours:** Monday 8 am-8pm; Tuesday-Friday 8 am-5 pm by appointment. Some walk-ins are available.

**Remarks:** Most public, government and private insurance plans are accepted; persons who do not have insurance will be charged according to a sliding fee scale based on income and household size.

**Provides:** Basic health care (adults and pediatric), mental health services, interpreters, family planning, pregnancy testing, childhood obesity prevention programs, and prenatal care.

North Point Health & Wellness Center

1313 Penn Avenue North

**Phone:** For Appointments call 612-543-2500

**Hours:** Monday, Tuesday, Thursday & Friday 8:30 am–5 pm; Wednesday 8:30 am–7 pm; and Saturday 8:00 am–12 noon.

**Provides:** A wide range of medical services including: family practice, internal medicine, adolescent medicine, endocrinology, pediatrics, geriatrics and OB/GYN.

**Remarks:** North Point accepts most major medical and dental insurance. Call 612-302-4800 to confirm that your insurance plan is part of their network.

Phillips Neighborhood Clinic

2742 15th Avenue South (St. Paul's Lutheran Church)

**Phone:** 612-724-1690

**Hours:** Monday and Thursday evenings 6–9 pm (except holidays)

**Provides:** Physical exams, women's health, pediatrics, vaccinations (when available), family planning, diabetes treatment, nutrition, STD and HIV testing and counseling, basic lab tests, assistance completing MA and MNCare application forms.

**Remarks:** First come, first served. No appointments or insurance necessary. Spanish interpreters available.

### Southside Community Clinic

324 East 35th Street

**Phone:** 612-827-7181

**Hours:** Monday, Wednesday, Thursday and Friday, 8 am–5 pm;  
Tuesday 8 am–7 pm.

1550 East 78th Street, Richfield

**Phone:** 821-2035

**Hours:** Monday 12–5 pm; Tuesday through Friday 8 am–5 pm.

**Remarks:** Patients should first make an appointment, although walk-ins are welcome. MA and other public and private insurance plans accepted; patients who do not have insurance will be charged according to their ability to pay (sliding fee scale based on monthly income and family size; need proof of income and MA denial letter).

**Provides:** family planning, pre-natal care, pregnancy testing, treatment for sexually transmitted diseases, and mental health. Vision clinic is open at 4243 4th Ave. S. Monday and Wednesdays 8 am–5 pm. Call 612-821-2003 for information.

### St. Mary's Health Clinics

**Provides:** Eight clinics throughout Twin Cities provide some primary and preventive health care services at no cost to uninsured workers and children, unemployed people whose benefits have expired, people on unemployment who meet income guidelines, and people not yet receiving public assistance. If you are on MA, you are not eligible to use these clinics' services.

**Intake procedure:** If you fit one of the above categories, call 651-287-7777 between 8 am–4 pm Monday–Thursday and 8–12 on Friday to make an appointment. There is no cost for services if you are eligible, though donations are accepted.

### Whittier Clinic

2810 Nicollet Avenue

**Phone:** 612-873-6963

**Hours:** Monday–Thursday 8 am–8:30 pm; Friday 8 am–5 pm; Saturday 8 am–12 pm; same-day and next-day appointments available; walk-ins accepted.

**Provides:** Family medicine, pediatrics, pre-natal care, ob/gyn, sports medicine, x-ray, pharmacy.

**Remarks:** Most insurance plans accepted; financial counselors available to assist those without coverage.

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## **B. Hennepin County Health Care for the Homeless**

Health care teams comprised of nurse practitioners, public health nurses, and social workers provide services on a regular basis at Minneapolis shelters and drop-ins. They provide routine check-ups, speedy referrals to doctors and hospitals, and assistance with other health care needs.

### Catholic Charities Higher Ground

165 Glenwood Dr.

**Phone:** 612-204-8551

**Provides:** Limited health care services and referrals for Higher Ground Shelter clients and Higher Ground Housing tenants.

**Hours:** Tuesday 3-8 pm; Thursday, 5-9 pm.

### Catholic Charities Opportunity Center

740 East 17th Street

**Hours:** Mondays 8 am-noon; Tuesdays and Thursdays from 7 am-1:30 pm. Hours may vary.

### Mary's Place

401 North 7th Street

**Hours:** Thursday 10 am- noon and 1-4 pm.

### People Serving People

614 South 3rd Street

**Hours:** Monday-Friday 8 am-4 pm.

**Remarks:** Clinic open to PSP guests and former guests only.

### St. Stephen's Shelter

2211 Clinton Avenue South

**Hours:** Thursday 7-9:30 pm Hours may vary.

### Salvation Army Harbor Light Center

1010 Currie Ave

**Phone:** 612-767-3100 x3125

**Hours:** Health Care for Homeless clinic is open five days a week: Monday and Wednesday 7 am-3 pm; Tuesday 1-8 pm; Thursday 5-8 pm; and Friday 7 am-noon.

**Phone:** 612-767-3100 x3164

Acupuncture and chiropractic clinic provided by Northwestern Health Sciences University. Call for current schedule and/or to make an appointment. Walk-ins are welcome.

### Sharing and Caring Hands (Mary Jo's)

525 North 7th Street

**Hours:** Thursday 9:30 am-3 pm

### Simpson Shelter

2740 First Avenue South

**Hours:** Monday and Thursday from 6 pm-10 pm.



## C. Urgent Care

### Hennepin County Medical Center

730 South 8th Street

**Phone:** 612-873-5555

**Hours:** Monday-Friday 9 am–9 pm; Saturday and Sunday 9 am-7 pm (except Thanksgiving & Christmas). Emergency Room open 24 hours a day, enter on South 8th Street between Park Ave. and Chicago Ave.

**Remarks:** Persons need not make an appointment; MA and private insurance are accepted.

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## D. HIV & STD Testing & Treatment

### African American AIDS Task Force

2400 Park Avenue

**Phone:** 612-825-2052

**Provides:** HIV testing and counseling; peer-to-peer emotional support groups and education; medical case management, transportation assistance, support and educational services for people living with HIV/AIDS; resources and referrals.

**Remarks:** HIV services are free for eligible individuals; please call to access eligibility and to make an appointment for services.

### Community-University Health Care Center

2001 Bloomington Avenue South

**Phone:** 612-638-0700

**Provides:** Testing and treatment for STIs and HIV.

**Remarks:** Call or walk-in to schedule an appointment. Help applying for insurance; most insurances accepted including Medical Assistance. Sliding-fee scale available. No one turned away based on inability to pay. Some same-day appointments available.

### Hennepin Co. Public Health Clinic with Red Door Services

525 Portland Avenue South—4th floor

**Phone:** 612-543-5555; STD hotline 1-800-783-2287

**Hours:** Monday and Wednesday 8 am–7 pm; Tuesday, Thursday and Friday 8 am–4 pm. Arrive as early as possible or call ahead for a next day or later appointment.

**Remarks:** Anyone 12 years of age and older may receive testing and treatment for sexually transmitted diseases and HIV testing. They also have a confidential and low-cost birth control program for youth ages 12–21. Services are based on a sliding fee scale based on income, but no one is turned away.

### Minnesota AIDS Project

1400 Park Avenue South

**Phone:** 612-341-2060; AIDSLine: 612-373-AIDS / 1-800-248-AIDS.

Text messaging available at 839863, and chat at [mnaidsproject.org](http://mnaidsproject.org).

**Hours:** Monday–Friday 9 am–5 pm. MAPAIDSLine: Monday–Friday 9 am–5 pm.

**Provides:** Information about HIV, referral to community resources and HIV testing. MAP also provides HIV case management, legal services; benefits counseling; housing services (assist HIV+ people to obtain and maintain short-term housing); transportation; emergency financial assistance; PrideAlive, a prevention and community-building program for gay and bisexual men; information on syringe access locations; and Positive Link, a social and education program for HIV+ Minnesotans.

### Neighborhood HealthSource

#### Central Clinic

2610 Central Avenue Northeast

*Will be moving in Spring 2015 to:*

2301 Central Ave NE

**Phone:** 612-781-6816

**Hours:** Monday–Friday 8 am–5 pm by appointment. Some walk-ins are available.

#### Fremont Clinic

3300 Fremont Avenue North

**Phone:** 612-588-9411

**Provides:** Testing for HIV virus; treatment for sexually transmitted diseases; “Seen on the Streets” program offers STD testing for ages 13-25 on Tuesday, Thursday and Friday, 1–4 pm.

#### Sheridan Clinic

342 13th Avenue NE

**Phone:** 612-362-4111

**Hours:** Monday 8 am–8pm; Tuesday–Friday 8 am–5 pm by appointment. Some walk-ins are available.

**Provides:** Testing and treatment for STDs and HIV.

### Southside Community Clinic

324 East 35th Street

**Phone:** 612-827-7181

**Provides:** Testing & treatment for STDs and HIV.

### Turning Point, Inc.

1500 Golden Valley Road

**Phone:** 612-520-4004

**Provides:** HIV/AIDS/STD prevention education is done by outreach workers. HIV case management services are provided to assist individuals living with HIV or AIDS in finding medical and social services. Counseling, referral and emotional/social supports are provided.

## E. Mental Health Services

### Counseling Services

#### Canvas Health Crisis Connection

**Phone:** 612-379-6363 or toll-free 1-866-379-6363

**Hours:** Seven days a week, 24 hours a day.

**Provides:** telephone crisis counseling, information & referral.

**Remarks:** all services are free

#### Canvas Health Crisis Connection Men's Line

**Phone:** 612-379-6367 or toll-free 1-866-379-6367

**Provides:** 24 hour counseling line for men and others who want to talk about issues of abuse and violence in their lives.

**Remarks:** all services are free.

#### Canvas Health New Generations

1550 E 78th St., Richfield

**Phone:** 612-676-1604

**Intake Phone:** 612-767-2840

**Hours:** Monday-Friday 8:30 am-5 pm.

**Provides:** High-quality strength-based mental health services including diagnostic assessments, outpatient therapy (depression, anxiety, trauma (PTSD), DHD, ODD) for ages 3-70. Also provides Rule 25 assessments.

**Remarks:** Most insurance plans accepted for outpatient therapy.

#### Catholic Charities

1276 University Avenue West, St. Paul

Other locations also available.

**Intake Phone:** 651-647-3100

**Intake Hours:** Intake for counseling is done by telephone only Monday through Friday, 8 am-4:30 pm.

**Provides:** Short and long-term counseling for individuals/couples/families, information and referral.

**Remarks:** Sliding scale based on income & family size.

#### Comunidades Latinos Unidos en Servicios (CLUES)

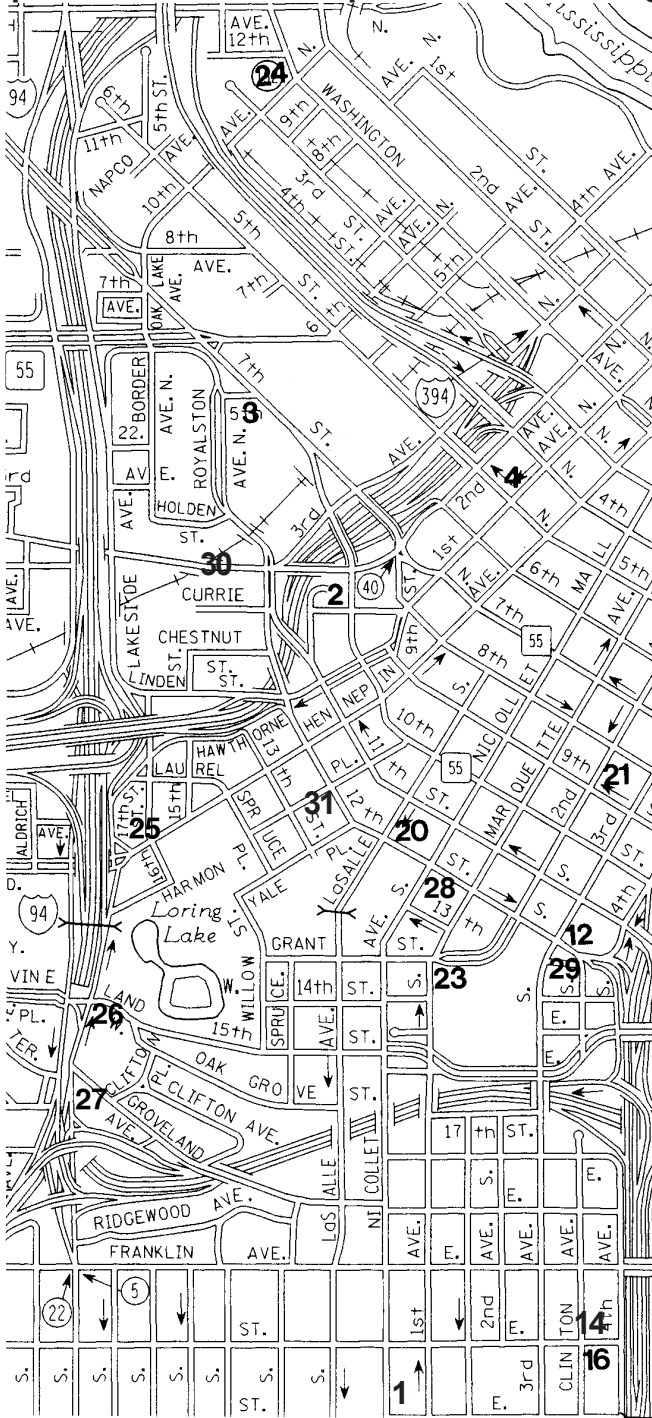
720 East Lake Street

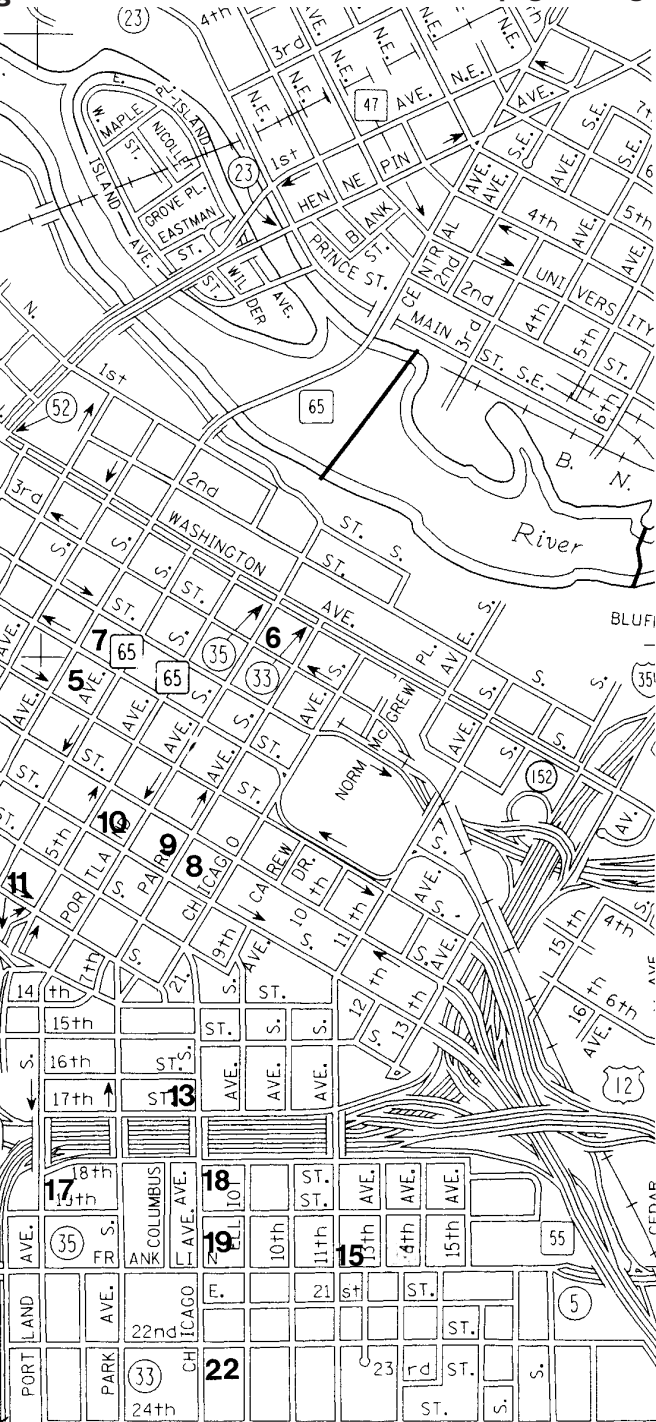
**Phone:** 612-746-3500

**Hours:** Monday-Thursday 8:30 am-7 pm; Friday 8:30 am-5 pm. Appointment hours may vary.

**Provides:** Bilingual family therapy in addition to individual, couples, child and adolescent therapy.

# Map of Downtown Minneapolis and surrounding





## Downtown Minneapolis

1. **St. Stephen's Human Services**
2. Salvation Army Harbor Light
3. Sharing and Caring Hands (Mary Jo's) Mary's Place Shelter
4. Legal Aid (Kickernick Bldg.)
5. Hennepin County Government Center
6. People Serving People Shelter
7. Minneapolis City Hall
8. Hennepin County Medical Center
9. House of Charity Food Centre
10. House of Charity
11. Drake Hotel
12. Hennepin County Human Services Dept. "Century Plaza" (MFIP/GA/food support)
13. Catholic Charities Opportunity Center
14. Loaves and Fishes (St. Stephen's school)
15. Marie Sandvik Center
16. St. Stephen's Shelter
17. Portland Village
18. Hennepin Co. Chemical Health (1800 Chicago)  
Social Security Administration (1811 Chicago)
19. Centro Cultural Chicano
20. Continental Hotel
21. Exodus Hotel
22. Our Saviour's Shelter
23. Wesley Church
24. Minneapolis Public Housing Authority
25. Basilica of St. Mary
26. St. Mark's Episcopal Cathedral
27. Hennepin Avenue United Methodist Church
28. Westminster Presbyterian Church
29. Central Lutheran Church
30. Catholic Charities Higher Ground
31. Mpls.VA Community Resource & Referral Center

Community-University Health Care Center

2001 Bloomington Avenue South

**Phone:** 612-638-0700

**Hours:** Monday–Friday 8 am–5 pm.

**Provides:** Psychiatric care, therapy for individuals, family and couples, case management and Adult Mental Health Rehabilitative Services (ARMHS).

**Remarks:** Call or walk-in to schedule an appointment. Help applying for insurance; most insurances accepted including Medical Assistance. These services are for Hennepin County residents.

COPE (Community Outreach for Psychiatric Emergencies)

**Phone:** 612-596-1223

**Provides:** Call COPE when a severe disturbance of mood or thinking threatens a person's safety or the safety of others. COPE professionals are available to manage the immediate crisis and provide a clinical assessment. Telephone consultations also are available.

**Remarks:** Services is available to adults 18 and older in Hennepin County.

The Family Partnership

4123 East Lake Street

**Phone:** 612-728-2061

**Hours:** Monday–Thursday 9 am–8 pm; Friday 9 am–5 pm.

**Provides:** Counseling for individuals and families.

**Remarks:** Various insurance plans are accepted; for those without insurance, fees are on a sliding fee scale according to gross household income and family size. Ask about other branches in Brooklyn Park, Richfield, and north Minneapolis.

HCMC Acute Psychiatric Services

730 South 8th St., Red Entrance

**Phone:** 612-873-3161 for referrals and consultation.

Suicide Prevention and suicide hotline: 612-873-2222

**Provides:** Medication and evaluations for individuals who are between psychiatrists. Psychiatric emergency room available 24/7.

**Remarks:** MA, and other insurance plans accepted. No one is turned away.

Hennepin County Mental Health Center

1801 Nicollet Avenue South

**Appointments Phone:** 612-596-9438

**Hours:** Monday–Friday from 8:00 am–4:30 pm.

**Provides:** Treatment for those with mental illnesses. Services include: crisis counseling, long-term counseling, mental health services, and other special programs.

**Remarks:** Services for residents of Hennepin County; MA accepted; for those without insurance, sliding fee according to each person's ability to pay.

### Indian Health Board

1315 East 24th Street

**Phone:** 612-721-9800

**Hours:** Monday through Friday, 8:30 am–5 pm.

**Provides:** Crisis counseling, long-term counseling for individuals, couples and families, and transportation when necessary. Their focus is on Native American children and families.

**Remarks:** Most insurance plans accepted; for those without insurance, fees are determined according to each person's ability to pay.

### Love Lines

**Phone:** 612-379-1199

**Hours:** 10 am-10 pm

**Provides:** Phone line most days for crisis ministry; in-person counseling is available by appointment.

**Remarks:** Counseling is free, but donations accepted

### Lutheran Social Service

2400 Park Avenue South

**Phone:** 612-879-5320 (Monday-Friday 8:30 am-5pm)

**Appointment Hours:** Monday and Tuesday 9 am–5 pm; Wednesday and Thursday 9 am-7 pm.

**Provides:** Individual and relationship counseling, marriage and family counseling, child therapy, support for victims of abuse, and referral for long-term counseling.

**Remarks:** MA and private insurance are accepted; for those without insurance, fees are determined on a sliding scale according to each person's income level.

### Native American Community Clinic

1213 East Franklin Ave.

**Phone:** 612-872-8086, option 3

**Hours:** Monday, Tuesday, Thursday, and Friday 9 am–5 pm; Wednesday 9:30-5 pm; Saturday 10 am–2 pm.

**Services:** Individual, family, couples and child counseling; group and individual therapy programs.

**Remarks:** MA and private insurance plans are accepted. For those without insurance, there is a sliding fee scale based on family size and income.

### North Point Health & Wellness Center

1313 Penn Avenue North

**Phone:** For appointment call 612-543-2500

**Hours:** Monday–Friday 8:00 am–5 pm.

**Provides:** Outpatient behavioral health services for children, adolescents, and adults including: evaluation and testing, individual therapy, family and group therapy, psychiatric evaluation, and medication management.



### Tubman

4432 Chicago Avenue South

**Phone:** 612-871-0118

**TTY for deaf/hard-of-hearing:** 612-821-4757

**Hours:** Monday–Thursday 9 am–8:30 pm; Friday 9 am–5 pm.

**Provides:** Referral by telephone; support groups; counseling for individuals and groups, as well as for families and couples; anger management groups for men and women. Fees vary by program.

### Walk-in Counseling Center

2421 Chicago Avenue South

**Phone:** 612-870-0565

**Hours:** Monday, Wednesday, and Friday from 1–3 pm; Monday through Thursday from 6:30 pm–8:30 pm.

**Provides:** crisis counseling, short-term counseling for individuals, couples and families; referrals for long-term counseling.

**Remarks:** no appointment is necessary; no paperwork; no fee, although donations are accepted. Call for counseling in Spanish.

## **Community Support Programs**

*Community support programs serve persons with mental illness who complete a simple registration process.*

### Assertive Community Treatment (ACT) Homeless Team-People Inc.

2120 Park Avenue South

**Phone:** 612-465-0105

**Hours:** Office: Monday–Friday 7:30 am–4pm; In community: Monday–Saturday 7 am–5 pm. Calls taken 24/7.

**Provides:** Field and community case management (assistance with goal-setting, paperwork, appointment attendance), psychiatric provision (including mental health prescriptive medications, med education & management), nursing, therapeutic referrals, medical follow-up and monitoring, assistance with employment and volunteering, and informational groups in Hearing Voices, Illness Management and Recovery, and Mental Illness/Chemical dependency).

**Remarks:** Call to prescreen for qualifications. Must be long-term homeless, have a serious mental illness diagnosis, and be over the age of 18. Cannot provide services for families.

### Light House

1825 Chicago Avenue South

**Phone:** 612-752-8200

**Drop-in Hours:** Monday, Tuesday, Thursday, Friday and every other Saturday 1–5 pm. Intake is done Tuesdays and Thursdays at 1 pm.

**Remarks:** In addition to drop-in service, Light House provides outreach, social and recreational opportunities, MI/CD groups, mental health groups, arts programming, housing & volunteer services, and linkage to other services for adults with serious and persistent mental illness.

Northside CSP/People Inc.

1309 Girard Avenue North

**Phone:** 612-521-2116

**Drop-in Hours:** Monday, Tuesday, Thursday & Friday noon-5 pm; Wednesday noon-7 pm.

**Remarks:** Other services such as counseling, case coordination, assistance with benefits, and advocacy are available from 8:30 am-5 pm Monday through Friday by appointment. People must be members of the center (no charge). Intake is done Monday and Friday at 10:30 am, and Wednesday at 4 pm. ARMHS not available.

Seward CSP

2105 Minnehaha Avenue

**Phone:** 612-333-0331

**Hours:** Monday and Friday 12-5 pm; Tuesday Wednesday and Thursday, 11 am-6 pm.; Saturday 10 am-5 pm.

**Remarks:** Provides mental health groups, advocacy, outreach, social and recreational activities, and other referrals.

Vail Place

1412 West 36th St. (Mpls) and 15 9th Ave. S. (Hopkins)

**Phone:** 612-824-8061 (Mpls); 952-938-9622 (Hop.)

**Hours:** Minneapolis hours: Monday 8 am-4:30 pm; Tuesday, Wednesday and Thursday 8 am-7:30 pm; and Friday 8 am-4:30 pm. Hopkins hours: Monday, Wednesday and Friday, 8 am-4:30 pm; Tuesday and Thursday 8 am-7 pm. The sites alternate Saturdays: Minneapolis 10 am-2 pm; Hopkins 12-3 pm.

**Provides:** Pre-vocational training, transitional employment, housing support, social and recreational activities, a supportive community, and other services. Meals are available at a discounted rate.

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## **F. Alcohol & Chemical Dependency Counseling & Treatment Programs**

Alcoholics Anonymous

**Phone:** 952-922-0880

**Provides:** Greater Minneapolis Intergroup's meeting directory boundaries are the city of Minneapolis, the suburban cities in all of the following counties: Hennepin, Anoka, Carver, Western Dakota, Scott and Wright. Local meeting information updated weekly at [www.aaminneapolis.org](http://www.aaminneapolis.org).

Comunidades Latinos Unidos en Servicios (CLUES)

720 East Lake Street

**Phone:** 612-746-3500

**Hours:** Monday-Thursday 8:30 am-7 pm; Friday 8:30 am-5 pm.

**Provides:** Adult outpatient program is held throughout the week, call for hours. Six week primary care is followed by 10 weeks aftercare. Rule 25 assessments are also performed. DWI/DUI classes.

### Hennepin County Front Door

**Phone:** 612-348-4111

**Hours:** Monday through Friday from 8 am–4 pm.

**Provides:** Substance use assessment (Rule 25) site information. Possible funding for CD treatment services.

**Remarks:** Health Care for the Homeless teams can help with getting an assessment and into treatment (See page 48 for schedules).

### House of Charity

510 South 8th Street

**Phone:** 612-594-2002 (intake coordinator)

**Remarks:** Harm reduction chemical health with co-occurring mental health recovery program for adult men and women. Group and individual chemical dependency and mental health treatment are incorporated into an individual recovery plan.

### Indian Neighborhood Club on Alcohol and Drug Abuse

1805 Portland Avenue South

**Phone:** 612-871-7412

**Hours:** Monday through Friday from 8 am–5 pm.

**Provides:** Referral for treatment, group residential housing for chemically dependent American Indian men, social and recreational activities, and AA meetings.

**Remarks:** Services are for American Indians who have recently been in treatment and are homeless; must be willing to maintain sobriety while living there. Must be eligible for Group Residential Housing (GRH).

### Metro Hope Ministries

2739 Cedar Avenue South

**Phone:** 612-721-9415

**Hours:** Monday–Friday 8 am–4:30 pm

**Provides:** Faith-based residential recovery programs for men 18 and older. Healing House program is for women and their children up to age 10. Provides case management, counseling, bible teaching, work readiness. Specializes in assisting individuals with a history of relapse.

**Remarks:** Call for appointment; finances not a concern.

### Minnesota Adult and Teen Challenge

1619 Portland Avenue South

**Phone:** 612-373-3366

**Hours:** Monday through Friday 8:30 am–4:30 pm

**Provides:** Restores hope to teens and adults struggling with drug and alcohol addiction; campuses in Minneapolis, Brainerd, Rochester and Duluth. Faith-based long-term 13-15 month program, as well as short-term 30-90 day program.

**Remarks:** Fees are based on ability to pay, but staff will work with anyone who wants to be enrolled in the program and doesn't have the funds.

North Point Health & Wellness Center “Renaissance”

1315 Penn Avenue North

**Phone:** 612-767-9500

**Hours:** Monday through Friday 8 am–5 pm. Walk-ins on Tuesdays for the first 3 people arriving before 8:30 am.

**Provides:** Chemical health assessment and referral, chemical health and mental health education, resource development, group and individual counseling, life skills development, mental health services, relapse prevention and discharge planning.

Resource Chemical and Behavioral Health

1900 Chicago Avenue South

**Phone:** 612-752-8050

**Hours:** Monday through Friday 7 am–5 pm

**Provides:** Outpatient chemical dependency, relapse prevention, case management, and vocational services. Women with children program. Specializes in assisting individuals with a history of relapse who face multiple barriers to achieving a stable recovery.

**Remarks:** There is no charge for most services. Services are available for men and women

Salvation Army Harbor Light Center

1010 Currie Avenue

**Phone:** 612-767-3100 ext. 3110

Beacon Program

Residential substance abuse treatment program for men. Phase I is a 30-day program based on 12-step model. Phase II is a 75-day halfway house program with employment, educational and volunteer requirements. Outpatient and aftercare services are available. *For men only.*

Rule 25 Assessments

Free Rule 25 assessments for men or women seeking state-funded treatment for substance abuse. By appointment Tuesday and Wednesday 2-7pm. Call 612-767-3100 x3131 to schedule.

Tubman

4432 Chicago Avenue South

**Phone:** 612-871-0118

**TTY for deaf/hard-of-hearing:** 612-821-4757

**Hours:** Hours vary. Call for more information.

**Provides:** counseling and assessment for chemical dependency, outpatient treatment may include mental health counseling.

**Remarks:** Various payment options are accepted.

Turning Point, Inc.

1500 Golden Valley Road

**Phone:** 612-520-4004

**Remarks:** Residential primary care programs for men who are chemically dependent. Aftercare services include, employment, education & parenting counseling. Outpatient program for men and women, both daytime and evening.

## G. Dental Care

### Children's Dental Services

636 Broadway Street NE

**Phone:** 612-746-1530

**Hours:** Hours vary by location.

**Remarks:** Comprehensive dental care for those 26 and under, and pregnant women of any age. Appointments necessary. MA, Minnesota Care and Assured Care Access are accepted. Sliding fee scale based on income for those without insurance. There are 300 metro-area locations.

### Community-University Health Care Center

2001 Bloomington Avenue South

**Phone:** 612-638-0700 or 612-301-0918

**Hours:** Monday-Friday from 7:30 am–4 pm.

**Remarks:** Services are offered on a sliding-fee scale. Limited walk-in appointments available. Children's (10 & under) dental appointments also available on Saturdays 9 am-1 pm.

### Family Dental Care

3152 Minnehaha Avenue South

**Phone:** 612-332-4973

**Hours:** Monday through Friday 7 am-5 pm.

**Provides:** Adult and pediatric dental care, including preventative services, emergency care, sealants, fillings, bridges, crowns, extractions, dentures, root canals and cosmetic.

**Remarks:** All insurance plans accepted; sliding fee scale available for those without insurance.

### Indian Health Board

1315 East 24th Avenue

**Phone:** 612-721-9800

**Hours:** Appointments: Monday–Friday 7:45 am–4:30 pm.

**Remarks:** Care provided for all ages. Sliding fee based on family size & income. MA. Appointments preferred, but walk-ins welcome.

### Native American Community Clinic

1213 East Franklin Ave.

**Phone:** 612-872-8086, option 2

**Hours:** Monday, Tuesday, Thursday, and Friday 9 am–5 pm; Wednesday 9:30-5 pm; Saturday 10 am–2 pm.

**Services:** Complete dental care for adults and children provided by dental students under supervision by a U of M faculty dentist.

**Remarks:** Private insurance plans are accepted. For those without insurance, there is a sliding fee scale based on family size and income.

North Point Health & Wellness Center

1313 Penn Avenue North

**Phone:** For appointments call 612-543-2500

**Hours:** Monday, Tuesday, Thursday & Friday 8 am–5 pm;  
Wednesday 8 am–7 pm; and Saturday 8 am–12 noon.

**Provides:** Complete dental care for residents of Hennepin County including: Preventative care, restorative care, emergency care, and X-rays.

Sharing and Caring Hands (Mary Jo's)

525 North 7th St.

**Phone:** 612-596-3463

**Remarks:** Dental care available throughout month. Call or stop in to ask for times.

Southside Community Clinic

4243 4th Avenue South

**Phone:** 612-822-9030

**Hours:** Monday and Wednesday 7 am–8 pm; Tuesday, Thursday and Friday 7 am–5 pm.

**Remarks:** State and private insurance programs accepted. Walk-ins are available. Scheduled patients have a priority. Uninsured patients are billed on a sliding fee scale based on income and family size. Payment due day of service.

University of Minnesota Dental School

Malcolm Moos Tower–7th Floor, 515 Delaware St. SE

**Intake Phone:** 612-301-9000 **Urgent Care:** 612-625-4908

**Hours:** Monday through Friday 8:15 am–noon and 1–4 pm.

**Remarks:** Comprehensive dental care provided by supervised students at 1/2 to 1/3 the normal cost. Children's clinic also available. Must show photo ID, and payment required at time of visit. Must call for an appointment.

University of Minnesota Dental School

Oral Surgery Clinic, 515 Delaware St. SE

**Phone:** 612-624-8600

**Remarks:** Takes walk-in appointments for screenings at no charge (if x-rays are required, there is a fee). An appointment would be set up for tooth removal or other surgery. Must show photo ID.

Union Gospel Mission

435 East University Avenue, St. Paul

**Phone:** 651-789-7605

**Hours:** Call to find out how to sign up; no walk-in appointments.

**Provides:** Volunteer dentists provide dental services at no charge for those who can't afford dental fees and have no dental insurance. Services include restorative procedures and extractions—some cleanings by appointment only.

## H. Veterans

Veterans Affairs Medical Center

54th Street and 48th Avenue South (One Veterans Drive)

**Phone:** 612-725-2000

**Remarks:** veterans with an honorable discharge may receive treatment; veterans enlisting after 1980 need to have completed two years of active duty; does need an assessment for payment.

See page 78 for information about counseling and other assistance available for veterans.

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## I. Youth

Teen Age Medical Service (“TAMS on Chicago”)

2425 Chicago Avenue South

**Phone:** 612-332-4973, option 6

**Hours:** Monday and Wednesday, Thursday and Friday, 9-5 pm.

**Remarks:** patients must be between the ages of 10 and 22 (up to their 23rd birthday); MA is accepted (call for info about other insurance programs). Sliding fee scale for those without insurance.

**Other Services:** General medical services, counseling, pregnancy testing, treatment for sexually transmitted diseases.

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# Section 4.

## Education & Employment

### A. Educational Programs

#### Adults

##### American Indian OIC

1845 East Franklin Avenue

**Phone:** 612-341-3358, then press 0.

**Hours:** Monday through Friday, 8 am–2 pm.

**Provides:** AB/GED program for adults. Call for info.

##### Adult Literacy Hotline

**Phone:** 1-800-222-1990; you may also text to 612-424-1211.

**Hours:** Monday-Thursday 8:30 am–4:30 pm; Friday 8:30 am-12 pm.

**Provides:** Referrals to literacy programs, GED, basic reading, English and ESL, math, computers, citizenship, adult diploma programs and career training for prospective students and volunteer tutors.

**Remarks:** More details at [www.mnliteracy.org/hotline](http://www.mnliteracy.org/hotline)

##### Brian Coyle Community Center

420 15th Avenue South

**Phone:** 612-338-5282

**Provides:** ESL classes provided by Cedar-Riverside Adult Basic Education. Call for info and schedules.

##### Minneapolis Public Schools Adult Education

###### North Campus

1250 West Broadway

**Phone:** 612-668-1863

**Hours:** Monday-Friday 8:30 am-12:30 pm; Monday-Thurs 6-9 pm.

**Provides:** ELL, GED prep, reading, writing, math, career pathways, and GED testing.

###### South Campus

2225 East Lake Street

**Phone:** 612-668-3800

**Hours:** Monday-Friday 8:30 am-12:30 pm; Monday-Thurs 12:30-3:30 pm and 6-9 pm.

**Provides:** ELL, GED prep, reading, writing, math, career pathways, and GED testing.

###### Wells Fargo Bank

615 North 7th Street

**Phone:** 612-667-1908

**Hours:** Tuesday, Wednesday and Thursday 6-9 pm.

**Provides:** Basic skills and GED prep.



### Minneapolis Community and Technical College

1501 Hennepin Avenue South

**Phone:** 612-659-6000 or 612-659-6209

**Hours:** “Get Started Sessions” are held Mondays at 5 pm and Thursdays at noon in Counseling & Advising, Room T2500.

**Provides:** Technical and vocational training. Programs range from 3 months–2 years. Counseling and other vocational prep are also available. Financial aid is available for low-income persons.

### Neighborhood Employment Network

See page 71 for locations and hours.

Agencies in the NET offer GED classes and job search help.

### Summit Academy OIC

935 Olson Memorial Highway

**Phone:** 612-377-0150

**Hours:** Monday-Friday 8:30 am–3 pm; office open 8:30 am-5 pm.

**Provides:** Vocational and job preparation classes.

**Remarks:** classes are offered as a part of their employment and training program; they provide financial aid to cover tuition costs, and job placement assistance after completion of the program.

### Upper Midwest American Indian Center

1035 West Broadway

**Phone:** 612-522-4436

**Hours:** Monday through Friday from 8 am–5 pm.

**Provides:** skills assessment, counseling, elders program, foster care program. Other services include adoption program; collaboration with charter schools, mental health programs and recovery programs.

## **Veterans**

### Veterans Upward Bound—MCTC

1501 Hennepin Avenue South #2400

**Phone:** 612-659-6580

**Hours:** Monday through Friday from 8:30 am–5 pm.

**Provides:** Instruction in writing, math, reading, study skills, computer literacy, and academic, career and benefits advising. GED preparation and assistance for vets to pay for GED testing.

**Remarks:** Free for all Veterans with 180 days active duty who have not been dishonorably discharged. Vets on GI Bill may receive full benefits if enrolled.

## **Youth**

### Employment Action Center (Youth and Young Parent Programs)

900 20th Avenue South

**Phone:** 612-752-8800

**Hours:** Monday through Friday 8 am–4:30 pm

**Provides:** On-site GED program; other educational options. There is no charge for most programs.

Loring Nicollet Alternative School

1925 Nicollet Avenue South

**Phone:** 612-872-3626

**Provides:** An alternative high school for people between 14 and 20. An innovative program for students looking for a change from regular high school.

MERC Alternative High School

2539 Pleasant Avenue South

**Phone:** 612-872-2777

A school based on responsibility, respect and accountability.

New Families Center

3345 Chicago Avenue South

**Phone:** 612-668-3700

**Hours:** Monday–Friday 8 am–4:30 pm.

**Provides:** School information and enrollment for children and youth in grades pre-K-12 for families for whom English is not their first language. Spanish and Somali translators available.

Stonebridge World

4530 Lyndale Avenue South

**Phone:** 612-877-7400

**Provides:** K-6 full-day charter elementary, open to all.

Student Placement Center

1250 West Broadway

**Phone:** 612-668-1840    **Fax:** 612-668-1841

**Hours:** Monday–Friday 8 am–4:30 pm.

**Provides:** School information and enrollment for grades Pre-K-12. Mpls. Public Schools empowers families to choose from a number of schools, and can send their children to community or magnet schools. High school students can choose from more than 30 programs through an application process in 8th grade.

Urban League Academy

2201 Blaisdell Avenue South

**Phone:** 612-874-9667

**Hours:** Monday through Friday 8 am–4:30 pm.

**Provides:** Alternative high school for youth ages 14-19; educational and employment counseling; social enterprise academy. All services are free.

Urban Ventures Learning Lab

2924 4th Avenue South

**Phone:** 612-545-9716

**Hours:** Monday–Friday 2:30–5:30 pm; closes at 4:30 pm on Fridays.

**Provides:** After-school educational programs for youth grades 1-8. Volunteers and staff work with youth to achieve respective grade achievement levels. Homework help and tutors also available.

**Remarks:** Call for information about registering for the program.

### YouthLink

41 North 12th Street

**Phone:** 612-252-1200

**Provides:** GED preparation and referrals.

**Hours:** Monday, Tuesday and Thursday 5-7 pm.

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## **B. Job Training & Placement**

### American Indian OIC

1845 East Franklin

**Phone:** 612-341-3358

**Hours:** Monday through Friday from 8 am–4:30 pm.

*Takoda Institute of Higher Education*

**Provides:** Training for administrative assistant, customer service, medical administrative assistant, 9-week emergency medical technician, computer support specialist, public relations, nursing assistant and human service jobs; 6–9 month vocational programs.

**Remarks:** Program is open to all; financial aid available.

### American Indian OIC

1845 East Franklin Avenue

**Phone:** 612-341-3358

**Hours:** Monday through Friday, 8 am-4:30 pm.

**Provides:** Assistance with resume writing and web-based job search, employment career center, individual service strategies and employment plans, ABE/GED preparation classes, referral for tuition assistance for job training programs, retention rewards for continued employment.

**Remarks:** Open to individuals seeking to enter work force for the first time, after long-term unemployment, or seeking to break into a new career. Ages 18 and up; all services are free.

### Catholic Charities Opportunity Center

740 East 17th Street

**Phone:** 612-204-8300

**Hours:** Monday-Friday from 8:30-11:15 am; appointments available.

**Provides:** Job preparation and readiness; support services (e.g. assistance with resumé writing).

**Remarks:** All services are free.

### Center for Asians and Pacific Islanders

3702 East Lake Street #200

**Phone:** 612-721-0122

**Hours:** Monday through Friday from 8:30 am–4:30 pm

**Provides:** Services intended for Asian and African refugees: employment counseling, job preparation & training, job placement, assistance with job search, bilingual and multi-lingual support.

**Remarks:** All services are free.

Central Lutheran Church Restoration Center

333 South 12th Street

**Phone:** 612-870-4416

**Hours:** Computer access is available Monday–Thursday 7:30 am–2 pm. Job coaches are available by appointment. Resource hours for some assistance with bus cards/tokens for new employment and verifiable appointments are Mondays and Tuesdays; walk-ins on Wednesdays and Thursdays from 9–11 am.

Emerge Community Development

1101 West Broadway Avenue

1834 Emerson Avenue North

420 15th Avenue South

**Phone:** 612-529-9267

**Hours:** 8:30am-5 pm Bi-monthly information sessions are held. Call for upcoming dates or check [www.emerge-mn.org](http://www.emerge-mn.org)

**Provides:** Industry-specific training & credentials, individualized career & financial coaching, financial education, computer training, and job skills training for youth and adults. A job coach will work with you to determine your interests and help develop job search skills, resume, and a plan to find work in desired areas.

Employment Action Center

900 20th Avenue South (+13 other Twin Cities locations)

**Phone:** 612-752-8800

**Hours:** Monday through Friday 8 am–4:30 pm

**Provides:** Over 30 employment-related programs customized to meet the special needs of youth, mature workers, laid-off workers, women, parents on welfare, and others.

**Remarks:** There is no charge for most programs.

Goodwill/Easter Seals Workforce Industry Training Program Hotline

553 Fairview Avenue North, St. Paul

**Phone:** 651-379-5997

**Provides:** industry skills training programs (banking and finance, medical office, auto tech, construction, customer service).

**Remarks:** Open orientation sessions held on the second and fourth Tuesday of the month at 1:45 pm.

Hennepin County Vocational Services Program

1800 Chicago Avenue South

**Phone:** 612-879-3007

**Hours:** Monday through Friday 8 am–4:30 pm.

**Provides:** Job evaluation and job placement for individuals with mental illness and chemical dependency issues.

**Remarks:** Services for residents of Hennepin County; need referral from Rehab Services or social worker.

HHH Job Corps Center

1480 North Snelling Ave., St. Paul

**Phone:** 651-642-1133

**Office Hours:** Monday through Friday 8 am–5 pm.

**Provides:** Vocational training for persons ages 16–24 who are generally low or moderate income. Training is in areas of: culinary arts, health occupations, transportation industry, painting and wall-papering, facility maintenance, building and apartment maintenance, medical office administration, and office occupations. GED and basic skills classes, job placement assistance, a residential living program and on-site health and wellness services available.

Lutheran Social Service - Center for Changing Lives

Training and Education Center

2400 Park Avenue South

**Phone:** 612-879-5286

**Open Lab Hours:** Computer use for job search and resume assistance Monday, Tuesday and Thursday 12-1 pm and 4-5 pm; Wednesday 12-5 pm; Friday 12-1 pm. Open the last week of the month from 9 am-5 pm (4 pm on Friday).

**Remarks:** Employment Empowerment Classes are three week programs to gain confidence, tools and focus to get the job you want. Career testing, networking, applications, job search skills and resumes are all covered. There are also three-day financial literacy classes teaching skills to budget, reduce debt and build a good credit rating.

Minneapolis American Indian Center

Workforce Investment Act (“WIA Program”)

1530 East Franklin Avenue

**Phone:** 612-879-1710

**Hours:** Monday through Friday 8 am–4:30 pm.

**Provides:** Career education counseling and support services.

**Remarks:** Services are open to American Indians, Alaskan and Hawaiian natives in 71 counties in Minnesota, including Ramsey and Anoka Counties, but *not* Hennepin County.

Resource Minnesota Resource Center

2438 27th Ave. S., #100

**Phone:** 612-752-8100

**Hours:** Monday through Friday 8 am–4:30 pm

**Provides:** Career education, job placement and retention for persons with disabilities.

**Remarks:** Services are on a fee-for-service basis. You need to be referred by Rehab Services, VA, or a Workforce Center.

### Minnesota Workforce Center

#### South

777 East Lake Street

**Phone:** 612-821-4000 or 1-888-GET-JOBS (438-5627)

**Hours:** Monday through Friday from 8 am–4:30 pm. Must attend orientation at 10:30 am. Show up 15 minutes early.

#### North

1200 Plymouth Avenue North

**Phone:** 612-520-3500 or 1-888-GET-JOBS (438-5627)

**Hours:** Monday through Friday from 8 am–4:30 pm. Must attend orientation at 1 pm. Show up 15 minutes early.

**Provides:** Unemployment claims, job counseling and placement assistance.

### Oak Park Neighborhood Center

1701 Oak Park Avenue North

**Phone:** 612-377-7000

**Hours:** Monday–Thursday 10 am–1 pm. Call for an appointment.

**Provides:** Assistance for job seekers with resumes, cover letters, applications and other job search needs.

### Open Access Connections

**Phone:** 651-643-0883

**Provides:** Through community outreach sites and a network of community agencies, Open Access Connections provides an individual voice mail phone number for low income people to receive messages as they look for jobs or housing and as they maintain contact with health care and social services professionals. There is no charge. Call 651-643-0883 for a referral to a participating agency or to one of the outreach sites.

### PPL Learning Center

1925 Chicago Avenue South

**Phone:** 612-455-5300

**Hours:** Monday–Friday 8:30 am–4 pm. Call or walk in for info.

**Provides:** Free employment and training services. Computer Lab available for education and employment use. Professional development and computer workshops to learn computer skills and provide job search support. Classroom-based training for careers in health care, banking industries. Job search counseling and assistance. Career advancement services.

**Remarks:** One-hour information session Mondays at 9am.

### Salvation Army Center City Office

53 Glenwood Avenue

**Phone:** 612-659-0711

**Hours:** Monday– Thursday 8 am–noon and 1–4 pm. Friday 8 am–noon and 1–3 pm.

**Provides:** Finding work can be difficult. Salvation Army offers resume writing assistance, access to Twin Cities job postings, referral service and more.

Salvation Army Noble

10011 Noble Parkway

Northern and Northwest suburbs of Hennepin County

**Phone:** 763-425-0517

**Hours:** Monday–Friday 8 am–noon and 1–4 pm

**Remarks:** Finding work can be difficult. Salvation Army offers resume writing assistance, access to Twin Cities job postings, referral service and more.

Summit Academy OIC

935 Olson Memorial Highway

**Phone:** 612-377-0150

**Provides:** Pre-vocational and job preparation classes; 20-week program in pre-apprentice training in the fields of carpentry, plumbing, electrician, community health worker (CNA).

**Hours:** Monday through Friday 8:30 am–3 pm. Information sessions are held at 10 am on Wednesdays.

**Neighborhood Employment Network**

**Provides:** Post-secondary school training, help with job skills assessment, job preparation, job development and placement, on-the-job training and support services such as transportation, uniforms, and necessary tools.

**Remarks:** appointments are preferred

American Indian OIC

1845 East Franklin Avenue

**Phone:** 612-341-3358

**Remarks:** GED classes offered as preparation for the test.

Brian Coyle Community Center

420 15th Avenue South

**Phone:** 612-338-5282

Comunidades Latinos Unidos en Servicios (CLUES)

720 East Lake Street

**Phone:** 612-746-3500

Eastside Neighborhood Service Inc.

1700 2nd Street NE

**Phone:** 612-781-6011

Emerge Community Development

1101 West Broadway Avenue

**Phone:** 612-529-9267

Employment Action Center

900 20th Avenue South

**Phone:** 612-752-8800

2143 Lowry Avenue North

**Phone:** 612-752-8500

HIRED-Sabathani Community Center

310 East 38th Street #101

**Phone:** 612-822-9071

Minneapolis Urban League

2100 Plymouth Avenue North

**Phone:** 612-302-3100

Minnesota Workforce Center

777 East Lake Street

**Phone:** 612-821-4000

1200 Plymouth Avenue North

**Phone:** 612-520-3500

PPL Learning Center

1925 Chicago Avenue South

**Phone:** 612-455-5300

Southeast Asian Refugee Community House (SEARCH)

1113 East Franklin Ave. #212

**Phone:** 612-673-9388

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## C. Day and Temporary Labor

**Note:** persons who apply to work temporary labor must provide a photo ID and social security card; for those who are not US citizens, a “green card” will be required.

AAA Labor

1908 Chicago Avenue South

**Phone:** 612-871-2505

**Hours:** Open for day and night shifts Monday through Friday from 5 am–6 pm; Saturday and Sunday, 5:30 am-6 pm.

**Type of work:** Unskilled labor, semi-skilled, hospitality, light industrial and various other jobs.

**Pay schedule:** \$8.00 and up

**Remarks:** Short-term and long-term assignments available. Transportation provided when necessary; approximate \$3.75 cash advance for each hour worked.

ATA Staffing

4080 West Broadway

**Phone:** 763-537-1225

**Hours:** Monday-Friday 5 am–6 pm

**Pay Schedule:** \$8.00 and up, varies by assignment; paid weekly.

**Type of work:** Light industrial and warehouse.



Atlas Staffing Inc.

102 East Lake Street

**Phone:** 612-338-7971

**Hours:** Monday–Friday 5 am–6 pm.

**Type of work:** Light industrial, warehouse, packaging, food service, assembly, moving.

**Pay schedule:** \$8.00 & up

**Remarks:** Applications by appointment only. Background check will be done if customer requires it.

Doherty Top Talent

7600 Boone Ave N, Suite 65, Brooklyn Park

**Phone:** 952-835-8883

**Hours:** Monday–Friday from 6:30 am–5 pm. No walk-in resumes.

**Type of work:** clerical, assembly, packaging, warehouse, food service, skilled tech, light industrial, and professional positions.

**Pay schedule:** \$8 and up, paid weekly.

**Remarks:** interview and resume required for all positions; some testing required for clerical some tech/assembly positions.

Emerge Community Development EmERGEWORKS

1101 West Broadway Avenue

**Phone:** 612-529-9267

**Hours:** Monday-Friday 8:30 am-5 pm.

**Provides:** Job placement in temp and temp-to-hire positions that fit your interests and skills and transportation assistance, as well as access to other EMERGE services: career coaching, financial literacy education, work-readiness training, and industry-specific skills training.

Just in Case

2607 1st Avenue South

**Phone:** 952-925-9229

**Pay schedule:** \$8.00 and up, paid weekly

**Type of work:** Light industrial, packaging, assembly

**Remarks:** Some transportation provided. Spanish spoken.

Montu Staffing

4056 Central Avenue NE

**Phone:** 763-782-6858

**Hours:** Monday–Friday 6 am–5 pm. Hiring for all shifts.

**Pay Schedule:** \$8.00 and up paid next day.

**Type of work:** Industrial, landscaping, CDL drivers, maintenance.

Our Temps Work

3015 37th Avenue NE

**Phone:** 763-789-8522

**Hours:** Monday–Friday 7 am–4 pm.

**Type of work:** Heavy labor, light industrial, assembly, warehouse, light clerical, food service, driving, and many moving jobs.

**Pay Schedule:** \$9–11.

# Section 5.

## Special Help & Advocacy

### A. Youth Programs

#### Avenues

1708 Oak Park Avenue North

**Phone:** 612-522-1690

**Intake information:** Call for information. Open 24 hours a day, seven days a week.

**Provides:** Overnight shelter for youth ages 16–20; clothing, case management, meals, independent living skills training, employment and educational support, referral to services, legal assistance.

#### Brian Coyle Community Center

420 15th Avenue South

**Phone:** 612-338-5282

**Hours:** Monday through Friday 3–8 pm.

**Provides:** Tutoring, leadership program, self-esteem and developmental programs, summer youth programs; school release day programs; and other social activities.

#### Division of Indian Work

1001 East Lake Street

**Phone:** 612-279-6320

**Hours:** Monday through Thursday 3–6:30 pm

**Provides:** Tutoring; must sign up to participate.

#### Employment Action Center

Youth and Young Parent Programs

900 20th Avenue South

**Phone:** 612-752-8800

**Hours:** Monday through Friday 8 am–4:30 pm

**Provides:** Educational, employment and life-skill development services for those as young as 11 and as old as 30 years old.

**Remarks:** Call to see if they have a program to fit your needs. There is no charge for most programs.

#### TeenPRIDE / The Family Partnership

4123 East Lake Street

**Phone:** 612-729-0340

**24-hour crisis line:** 612-728-2062 / 888-PRIDE99

**Remarks:** TeenPRIDE serves girls and transgendered youth who are victims of sex trafficking/sex exploitation. It is offered in conjunction with Project Offstreets. TeenPRIDE meets weekly. Individual support and advocacy services are available.

### YouthLink - Youth Opportunity Center

41 North 12th Street

**Phone:** 612-252-1200

**Hours:** 9 am–8 pm by appointment. AM drop-in hours from 9 am–1 pm are for youth ages 18-23 who are homeless or precariously housed. PM drop-in hours from 3 pm–8 pm Monday-Friday are for youth ages 16-20 who are homeless or precariously housed.

**Provides:** During drop-in hours, youth have access to multiple agencies providing services in the areas of crisis intervention, health and wellness, education, employment and housing. Support groups, laundry, showers, food and clothing are also available to program participants.

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## **B. Services for Immigrants**

### **All immigrants**

#### Brian Coyle Community Center

420 15th Avenue South

**Phone:** 612-338-5282

**Provides:** Refugee resettlement services and immigrant social services. Call for details.

#### Hennepin County Office of Multi-Cultural Services

1201 East Lake Street

**Phone:** 612-348-2193

**Hours:** Monday through Thursday 7:30 am-5:30 pm; Friday 7:30 am-4 pm; To schedule an appointment with an immigration advocate, call for availability.

**Services:** Gateway for refugees, immigrants and other new Americans to Hennepin County Services including outreach, employment assistance, housing, public assistance, childcare, forms completion, etc; assistance with immigration forms and petitions; criminal justice advocacy; immigration policy, public assistance interpretation. Services provided in: Somali, Spanish, Oromiffa, Amharic, Arabic, Bosnian, Swahili, Hindi, Hmong, Russian, Tibetan and 15 other languages.

#### New Families Center

3345 Chicago Avenue South

**Phone:** 612-668-3700

**Hours:** Monday–Friday 8 am–4:30 pm.

**Provides:** School information and enrollment for children and youth in grades K-12 for families for whom English is not their first language. Spanish and Somali translators available.

## **Asian**

Center for Asians and Pacific Islanders

3702 East Lake Street #200

**Phone:** 612-721-0122

**Hours:** Monday–Friday, 8 am–4:30 pm.

**Provides:** Food shelf for Asian refugees (310 East 38th St. #29); supportive services and cultural education; elderly program; and employment services.

## **African**

African Community Services

1305 East 24th Street (Lower level)

**Phone:** 612-721-9984

**Hours:** Monday–Friday 9 am–5 pm

**Provides:** Services for newly arrived refugees including: employment assistance (application/resume preparation, job search skills, interview preparation), refugee social service programming including assistance finding child care, housing, MNSure, home furnishings (Bridging referral agency) and other supportive referrals. ESL classes.

**Remarks:** Call program manager to determine program eligibility. Staff speaks nine African languages.

## **Latino**

Centro Cultural Chicano

1915 Chicago Avenue South

**Phone:** 612-874-1412

**Hours:** Monday through Friday from 8:30 am–5 pm.

**Provides:** referral to government offices; preschool program for ages 3–6; youth program; pre-natal program for pregnant mothers; assistance with insurance and car seats. Food shelf for Spanish-speaking people, and a seniors program.

Comunidades Latinos Unidos en Servicios (CLUES)

720 East Lake Street

**Phone:** 612-746-3500

**Hours:** Monday–Thursday 8:30 am–7 pm; Friday 8:30 am–5 pm

**Provides:** Counseling for families, individuals, couples, children and adolescents; chemical dependency counseling; English classes; employment advocacy; women's program for domestic violence; seniors program. Legal rights Thursday from 2–4. The St. Paul CLUES office has additional vocational, chemical dependency, health related programs. Call 651-379-4200 for more information about St. Paul office.

Mexican Consulate/Consulado de México

797 East 7th Street, St. Paul

**Phone:** 651-771-5494

**Emergency/Protection Phone:** 651-772-4417

**Hours:** Monday–Friday from 8 am–1 pm.

**Provides:** The Mexican consulate serves to protect Mexicans and assist them with US government relations within its jurisdiction (MN/SD/ND/Western WI). It can assist with acquiring important documents like passports, birth certificates, military cards, and protection of rights.

**Traducción de español**

Centro Cultural Chicano

1915 Chicago Avenue South

Minneapolis, MN 55404

**Teléfono:** 612-874-1412

**Horas:** de Lunes a Viernes de 8:30 am a 5 pm.

**Servicios:** Servicios bilingües, programa de asistencia, consejería en asuntos legales y programas gubernamentales, programa para personas mayores.

*Dispensa de Comida:* Horas pueden variar; es necesario llamar viernes a 8:30 am para una cita.

Comunidades Latinos Unidos en Servicios (CLUES)

720 East Lake Street

**Teléfono:** 612-746-3500

**Horas:** de Lunes a jueves de 8:30 am a 7 pm; viernes 8:30 am–5 pm. Consejería para familias, individuos, y jóvenes; consejería de dependencia de químicos para jóvenes; clases de inglés. Derechos legales cada jueves de 2-4. La oficina de CLUES en St. Paul tiene otras programas de empleos, dependencia de químicos, y programas de salud.

Mexican Consulate/Consulado de México

797 East 7th Street, St. Paul

**Teléfono:** 651-772-4084

**Emergencia:** 651-772-4417

**Horas:** Lunes a Viernes, 8 am–1 pm.

**Servicios:** Tramites, Nacionalidad, Acta de Nacimiento, Documentos y Apostilla, y servicios de Protección Consular. La salvaguarda y defensa de sus derechos fundamentales e intereses en sus relaciones de naturaleza civil, penal, laboral, administrativa, migratoria y judiciales con autoridades extranjeras y/o particulares. La jurisdicción del consulado es los estados de Minnesota, South Dakota, North Dakota, y el oeste de Wisconsin.

## **Hmong**

Lao Assistance Center of Minnesota

503 Irving Avenue North #100A

**Phone:** 612-374-4967

**Hours:** Monday through Friday, 8:30 am-5 pm,

**Provides:** Advocacy and services for families and individuals. Services include translation, advocacy in dealing with government, police, doctors, and welfare offices; employment/job search assistance; tutoring, after school programs, housing assistance including dealing with foreclosure.

## **Korean**

Korean Service Center

630 Cedar Avenue South #B1

**Phone:** 612-342-1344

**Provides:** Advocacy and support for Korean families, individuals and seniors; translation services and advocacy in dealing with government, police, doctors and public assistance agencies; housing assistance (advocacy and interpretation in dealing with landlords and help filling out public housing applications); meals for senior citizens; information and referrals to other social service agencies. Assisted living program for residents of Cedar Square.

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## **C. Help for Veterans**

Hennepin County Veterans' Service

300 South 6th St. (SE 1st Level Government Center)

**Phone:** 612-348-3300

**Hours:** Monday–Friday, 8 am–4:30 pm (No walk-in Wed PM)

**Provides:** Assistance to all veterans in applying for state and federal benefits, as well as assisting them in obtaining medical benefits through the VA Medical Service and admission to Minnesota Veterans Homes. Can assist people to get DD-214s and upgrade discharges. If veterans benefits aren't available, they can provide referrals to other sources for services.

Minneapolis VA Community Resource & Referral Center (CRRC)

1201 Harmon Place

**Phone:** 612-313-3240

**Hours:** Monday through Friday 7 am-5 pm.

**Provides:** Counseling, medical care, employment services, housing referrals, veteran benefits information, and substance abuse services. Laundry and shower facilities are available as well as other on-site community services.

Minnesota Assistance Council for Veterans (MAC-V)

**Phone:** 612-726-1327

**Hours:** 8 am-10 pm. Call to set up an appointment.

**Provides:** Transitional housing, rental assistance, employment and legal services for veterans. Call for information about eligibility.

Minnesota Department of Veterans Affairs

1 Federal Dr., Rm G220 (Bishop Henry Whipple Bldg.)

**Phone:** 612-970-5662

**Provides:** Assistance to all veterans. Also locates and assists minorities, female and homeless veterans in an effort to meet the unique needs of these specific members of Minnesota's veterans community.

U.S. Department of Veterans Affairs

The Mental Health Homeless Program team outreaches to homeless veterans and provides information and counseling about benefits, chemical and mental health treatment, housing and other medical services.

**Phone:** 612-313-3240 (Monday–Friday 7:00 am–5:00 pm)

**Outreach locations:** Call for current outreach schedule at the following locations. Minneapolis: Catholic Charities Opportunity Center, Salvation Army Harbor Light Center, Simpson Shelter. St. Paul: Dorothy Day Center, Union Gospel Mission, Listening House.

Veterans Resource Center

550 County Rd D, Suite 10, New Brighton

**Phone:** 651-644-4022

**Hours:** Monday through Friday from 8 am–6 pm; Saturday 8 am–4:30 pm.

**Provides:** individual and group counseling, family counseling, stress management; limited evening appointments available by appointment only.

**Remarks:** services are officially for any combat veterans and families.

Veterans Upward Bound

Minneapolis Community & Technical College

1501 Hennepin Avenue South

**Phone:** 612-659-6580

**Hours:** Monday through Friday from 8:30 am–5 pm.

**Provides:** Instruction in writing, math, reading, study skills, computer literacy, academic, career and benefits advising. GED preparation and assistance for vets to pay for GED testing.

**Remarks:** Free for all Veterans with 180 days active duty and who have not been dishonorably discharged. Vets entitled to GI Bill may receive full benefits if enrolled.

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## D. Victims of Abuse and Crime

### Women & Children

Battered Women's Hotline

**24-hour Crisis Line** 651-646-0994

Camden Neighborhood Center

1210 37th Avenue North

**Crisis Nursery line:** 612-302-3500

**Office Phone:** 612-529-8054

**Office Hours:** Monday-Friday 9 am-4:30 pm.

**Provides:** Crisis nursery services in a community-based family support program that provides services to parents and children in times of crisis or stress,

Cornerstone

**24-Hour Crisis Phone:** 952-884-0330 or toll-free 1-866-223-1111

**Provides:** Crisis advocates and trained volunteers are available to talk confidentially with anyone experiencing domestic violence, sexual violence or human trafficking. Emergency housing for individuals or families in crisis. Clients also have access to full range of supportive services.

**Remarks:** Can provide a variety of resources to those seeking information, including referrals to support groups, possible transitional housing and options for legal advocacy.

PRIDE / The Family Partnership

4123 East Lake Street

**Phone:** 612-728-2086

**24-hr crisis line:** 612-728-2062 / 1-888-PRIDE99

**Remarks:** PRIDE serves women and sexually-exploited youth who are victims of sex trafficking/sex exploitation. They have support groups for parents whose children are at risk of prostitution or have run away. Advocacy services and a variety of other services are offered.

Sexual Violence Center

3757 Fremont Ave N

**Phone:** 612-871-5111

**Hours:** Monday-Thursday 8 am-8 pm; and Friday 8 am-4 pm.

**Provides:** 24 hour support/crisis line for anyone affected by sexual violence; advocacy services immediately after a sexual assault by accompanying survivors to the hospital for an evidentiary exam, reporting to law enforcement and navigating services; support groups; individual counseling; legal clinic offering free legal advice from volunteer lawyers; and education.

**Remarks:** We serve all genders and anyone 12 or older. All services are free and no one is ever turned away from services.



Tubman

3111 1st Avenue South

**24-hour Crisis Intake:** 612-825-0000

**Business Phone:** 612-825-3333

**Office Hours:** Monday–Friday from 8 am–4:30 pm.

**Remarks:** There is space for 80 women and their children in a secure environment. Referrals are made to safe shelters in the area when they are without space. Also provide support services to all members of family with the aim of preventing and ending family violence.

Women's Advocates Inc.

**Phone:** 651-227-8284 or toll-free 1-866-223-1111

**Hours:** 24 hour a day crisis support.

**Provides:** Assistance in obtaining safe shelter, referrals and info. No legal services are provided.

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For Further Assistance contact the  
Battered Women's Hotline at 651-646-0994.

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**Men and Women (Adults and Youth)**

Cornerstone

**24-Hour Crisis Phone:** 952-884-0330 or toll-free 1-866-223-1111

**Provides:** Emergency housing for individuals or families in crisis. Clients also have access to full range of supportive services. Male victims receive safe and comfortable alternative housing while also accessing comprehensive services.

Council on Crime and Justice

822 S 3rd Street, Suite 100

**24 hour Crime Victim Hotline:** (612) 340-5400

**TTY:** (612) 206-3340 (during business hours only)

**Provides:** Crisis counseling and support for victims of general crime. Advocacy services include assistance with reparations, information on victim rights, criminal justice support, court accompaniment in criminal cases, legal advocacy, and referrals to other resources. Lock changes provided in emergency situations, cell-phone loan program for domestic abuse victims. Over-the-phone interpreters available for callers with limited English.

**Remarks:** All services are free and confidential. Calls related to sexual assault will be referred to nearest sexual violence program.

Domestic Abuse Project, Inc.

204 West Franklin Avenue

**Phone:** 612-874-7063

**Hours:** Monday–Thursday from 9 am–7:30 pm; Friday 9 am–4 pm.

**Provides:** Crisis counseling, intervention and long-term counseling. Legal and community advocacy programs are offered, as well as groups for children who witness domestic violence, for adolescent boys who are violent in dating relationships, and for adolescent boys and girls who witness violence.

**Remarks:** Services are for men, women, youth and children. There is a domestic abuse treatment program for men. All services are on a sliding scale based on ability to pay. Children are free. Some services also available at other sites in downtown Minneapolis, at North Point, and at Little Earth.

Domestic Violence Intervention at HCMC

730 South 8th Street (ER entrance)

**Phone:** 612-873-2636

**Hours:** 8 am–11 pm 7 days a week.

**Provides:** Support and advocacy for victims of domestic violence who come to Hennepin County Medical Center for treatment of injuries received in a domestic assault; also provides assistance in getting safe shelter. Both men and women are served.

OutFront Minnesota

310 East 38th Street #209

**Phone:** 612-822-0127 or toll-free 1-800-800-0350

**24-hour crisis hotline:** 612-824-8434

**Provides:** Advocacy, information, support, counseling and safe-house referrals for victims of domestic violence. Serves gay and lesbian individuals.

OutFront Minnesota

Anti-Violence Anti-Harassment Advocate

310 East 38th Street #209

**Phone:** 612-822-0127 or toll-free 1-800-800-0350

**Provides:** Support for victims of hate crimes, assault, and harassment; assistance with police reports and pursuing reparations.

Hennepin County Attorney's Office

Victim-Witness Services

**Phone:** 612-348-4003

**Hours:** Monday through Friday from 8 am–4:30 pm.

**Provides:** information and advocacy for women and men who have been abused and wish to file assault charges in Hennepin County. Advocates will help with felony charges; misdemeanors are handled by City Attorney's office (612-673-2010).

### Minnesota Day One Crisis Hotline

**Phone:** 1-866-223-1111 toll-free (24 hours)

**Provides:** Advocates who are ready to listen and provide information whether you are experiencing domestic or sexual violence or human trafficking, or simply questioning aspects of your relationship.

### Open Access Connections

**Phone:** 651-643-0883

**Provides:** Through community outreach sites and a network of community agencies, Open Access Connections provides an individual voice mail phone number for low income people to receive messages as they look for jobs or housing and as they maintain contact with health care and social services professionals. It also provides a safe phone number for victims of domestic abuse. There is no charge. Call 651-643-0883 for a referral to a participating agency or to one of the outreach sites.

### Order for Harassment Restraining

Hennepin Co. Government Center, Self-Help Center - 2nd level

**Hours:** Walk-ins only. Monday, Tuesday, Thursday and Friday 8 am-2 pm; Wednesday 8 am-noon.

**Remarks:** For anyone who has experienced unwanted repeated words, gestures or behavior intended to affect the safety, security, or privacy of someone. No relationship need exist between persons. You must provide the name of the perpetrator.

**Filing Fees:** There is a filing fee of \$252 for restraining orders. Some waivers are available.

### Order for Protection

Hennepin Co. Government Center, Self-Help Center - 2nd level

**Phone:** 612-348-5073

**Hours:** Walk-ins only. Monday, Tuesday, Thursday and Friday 8 am-2 pm; Wednesday 8 am-noon.

**Provides:** assistance for victims of abuse with obtaining Orders for Protection.

**Remarks:** For people living together, related by blood, married, divorced, or in a significant sexual or romantic relationship. There must be actual or threatened violence, threat of physical assault, or terroristic threats

**Fees:** No filing fees charged for Orders for Protection.

## Order for Protection

Ramsey County: 651-266-5130

Washington County (Tubman Center East):

651-770-8544 (business hours); 651-770-0777 (24-hours)

Dakota County: 952-891-7243 (Apple Valley courthouse); 651-438-8110 (Hastings courthouse); 651-554-6206 (W. St. Paul).

**Note:** County Clerks who file these Orders can only provide some basic assistance. You may want to speak to an advocate who could help you throughout the entire process of obtaining an Order. Advocates have good knowledge of all parts of the legal system that a victim of domestic abuse may encounter. They can help prepare forms for Orders, as well as accompany a petitioner to court or help locate child care during court. Call Battered Women's Hotline for a referral, 651-646-0994.

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## **E. Legal Assistance**

### Brian Coyle Community Center

420 15th Avenue South

**Phone:** 612-338-5282

**Hours:** Wednesday. Some walk-ins available 12-2 pm or call ahead to make an appointment.

**Provides:** Lawyer provides general legal help.

**Remarks:** Free of charge.

**Remarks:** Sliding fee scale, based on income.

### Cornerstone Ministry (Park Ave. United Methodist Church)

3400 Park Avenue South

**Hours:** Thursday 3–5 pm.

**Provides:** Free legal clinic. Walk-in only, first come, first served.

### Hennepin County Attorney's Office

300 South 6th Street

**Phone:** 612-348-5550

**Hours:** Monday through Friday from 8 am–5 pm.

**Provides:** criminal felony prosecution, child support enforcement, services for victims of sexual assault, and for victims and witnesses of crimes in Hennepin County (612-348-4003).

**Remarks:** all services are free.

### Hennepin County Conciliation Court ('Small Claims')

350 South 5th Street Rm 306

**Phone:** 612-348-2713

**Hours:** Monday through Friday 8:00 am–4:30 pm.

**Provides:** opportunity for person to file small claims court complaint against anyone who owes him/her money. Maximum claim is \$15,000. \$70 filing fee. Party filing must live in Hennepin County.

### Hennepin County Public Defender

701 4th Avenue South #1400

**Phone:** 612-348-7530

**Provides:** Legal representation for people in Hennepin County criminal court who are unable to afford their own lawyer.

### Lawyer Referral and Information

**Phone:** 612-752-6666

**Hours:** Monday through Friday from 9 am–4:30 pm.

**Provides:** advice and appropriate referral to an attorney or other resources in legal services.

**Remarks:** There is a \$30 fee for the referral and first half-hour consultation. During the first meeting the attorney and client should agree on fees beyond then. Must make an appointment. Also can provide brief attorney advice at the Hennepin County Government Center.

### Legal Aid

430 1st Avenue North #300

**Intake Phone:** 612-334-5970 **Phone:** 612-332-1441

**Hours:** Monday–Friday 8:30 am–4:30 pm.

**Intake hours:** 9:30 am–11:30 am and 1:30–3:30 pm.

**Provides:** legal advice and assistance with civil matters (tenant-landlord problems, evictions, some consumer problems, immigration, family law, tax, health care access), advocacy for public assistance recipients and claimants (TANF, Food Support, GA, Social Security, SSI). Disability Law Center assists people who have legal issues related to a disability.

**Remarks:** All services are free if eligible.

### Legal Rights Center

1611 Park Avenue South

**Phone:** 612-337-0030

**Hours:** Must walk-in during intake Tuesday 10 am–noon. Office hours are Monday–Friday 9 am–4:30 pm. Intake is also done Wednesdays 4–5 pm at Pillsbury House, 3501 Chicago Ave.

**Provides:** legal advice and the services of attorneys for criminal matters within Hennepin County (as an alternative to the Public Defender) for low-income persons; mediation and restorative justice criminal cases only. No legal advice given over the phone.

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Your right to file a charge of discrimination is protected by law. If you are the victim of a reprisal or further harassment because you have filed a complaint, you should notify the Department of Human Rights immediately.

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Minneapolis Department of Civil Rights

350 South 5th Street - City Hall Room 239

**Phone:** 612-673-3012

**Hours:** Monday through Friday from 8 am–4:30 pm.

**Provides:** Advocacy for persons who have been discriminated against within the city of Minneapolis on the basis of age, ancestry, color, creed, disability, gender, national origin, religion, or sexual preference; discrimination can occur in the areas of education, employment, housing, public assistance, public accommodations (i.e. stores, restaurants), etc.

**Remarks:** Complaint must be filed within one year of the alleged discrimination.

Minnesota Department of Human Rights

625 Robert Street North, St. Paul

**Phone:** 651-539-1100

**Hours:** Monday through Friday from 8 am–4:30 pm. Walk-in hours Monday-Friday 9 am-4 pm.

**Provides:** Investigates allegations of discrimination because of age, ancestry, color, creed, gender, national origin, religion, or sexual preference; discrimination can occur in employment, housing, public accommodations, public services, education, and credit.

OutFront Minnesota

310 East 38th Street #209

**Phone:** 612-822-0127

**Provides:** The Legal Advocate can help you determine if you need legal assistance on GLBT-related issues, can answer legal questions and/or refer you to someone who can answer your questions or represent your interest. Areas of legal issues addressed include: family law, housing, employment law and civil rights. There is no fee for information or referrals, however attorneys may charge for the services they provide.

Tubman

Legal Assistance for Women (L.A.W.)

4432 Chicago Avenue South

**Phone:** 612-871-0118

**TTY for deaf/hard-of-hearing:** 612-821-4757

**Hours:** Hours vary. Call for information.

**Provides:** legal advice and referrals to attorneys for family law matters. They also have informational workshops on family law-related topics. Limited resources for employment and family law.

**Remarks:** Fees vary based on services. Half hour individual appointments.

## Volunteer Lawyers Network

**Phone:** 612-752-6677

**Phone Intake Hours:** Monday, Wednesday, Thurs 9am–1 pm.

**Walk-in Clinics:** Find community locations at [www.vlnmn.org/help/client-resources](http://www.vlnmn.org/help/client-resources). Online intake at [www.vlnmn.org/intake](http://www.vlnmn.org/intake).

**Provides:** Legal advice and the services of attorneys for civil matters (tenant-landlord problems, conciliation court, garnishments, repossession, divorce, child custody, and other civil matters) within Hennepin County. No criminal cases, personal injury, or employment law cases. For cases of subsidized housing or government benefits, contact Legal Aid.

**Remarks:** Appointment needed.

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## **F. Police Misconduct**

If you are the victim of police misconduct or abuse:

- seek medical attention
- write down the details right away
- photograph the injuries
- contact witnesses, if any

### Federal Bureau of Investigation (FBI)

1501 Freeway Blvd., Brooklyn Center

**Phone:** 763-569-8000

The FBI investigates cases of police misconduct as they relate to the Federal Civil Rights Law. If you should witness or be a victim of police misconduct, call the FBI and ask to speak to someone about a civil rights matter.

### Communities United Against Police Brutality (CUAPB)

4200 Cedar Avenue South

**Phone:** 24 Hour Hotline 612-874-STOP (612-874-7867)

**Hours:** Meetings are Saturdays 1:30-4:00 pm

**Provides:** CUAPB is an all-volunteer grassroots group that provides support for survivors of police brutality and families of victims so they can reclaim their dignity and join the struggle to end police brutality.

**Remarks:** CUAPB does many things, including education, political action, legislative action and legal research. CUAPB also offers a 24-hour crisis line(612-874-STOP) that people can call to report instances of abuse. CUAPB can send out a crisis team to investigate the complaint, take photos and statements and offer immediate assistance. CUAPB follows up with legal, medical and psychological referrals and other services as needed. CUAPB also brings together families and survivors in a local network to provide ongoing support and empowerment for people suffering from their encounter with police brutality

## **You can also file a formal complaint with:**

Minneapolis Office of Police Conduct Review

350 South 5th Street, Room 236 City Hall

**Phone:** 612-673-5500

**Hours:** Monday through Friday from 8:30 am–4:30 pm

Takes complaints against Minneapolis Police officers for misconduct, such as inappropriate language or conduct, harassment, discrimination, retaliation, excessive force, and failure to provide adequate and timely protection. After a complaint is made, staff will investigate. If the Office of Police Conduct Review sustains a complaint, they make a recommendation to the Chief for discipline of the officer. Mediation between complainant and police may also be an option.

Complaints may be made in person, at a precinct, or online ([www.ci.minneapolis.mn.us/police/opcr-complaint](http://www.ci.minneapolis.mn.us/police/opcr-complaint)). Complaints must be made within 270 days of incident (nine months).

If you think you were discriminated against on the basis of age, ancestry, color, creed, gender, national origin, religion, or sexual preference, you can file a complaint with:

Minnesota Department of Human Rights

625 Robert Street North, St. Paul

**Phone:** 651-539-1100

**Hours:** Monday through Friday 8 am–4:30 pm. Walk-in hours are 9 am-4 pm.

**Remarks:** Takes complaints of discrimination

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## **G. Advocacy**

American Indian Community Development Corp.

Kola Project (Lakota for “friend”)

1600 East 19th Street

**Phone:** 612-874-1050

**Provides:** Medical outreach program to work with chronic inebriate homeless Native American population. Goal is to lower inappropriate use of ER. Outreach includes activities and clothing.

Basilica of St. Mary

**Phone:** 612-333-1381

88 North 17th Street (in school bldg behind church)

**Provides:** Pathways is a faith-based life skills program at 6 pm on Thursday. It offers discussions about life skills, spirituality, prayer and support. Anyone is welcome.

Dignity Center

Hennepin Ave. United Methodist Church

425 Groveland (enter off Lyndale)

**Phone:** 612-435-1315

**Hours:** Monday, Wednesday and Friday 9–11:30 am. After first session, appointments are expected.



**Remarks:** The Dignity Center is a collaborative ministry, characterized by a warm, hospitable drop in center staffed by committed volunteers who treat participants with dignity. The focus of programming is on teaching the skills needed for self sufficiency and helping people get connected to the services, resources, and tools needed for success. The Dignity Center provides a variety of services including case management, community services navigation, and social network development. Participants are expected to make a commitment to the program after meeting with their advocate. Regularly scheduled appointments are expected.

### MAD DADS

3026 4th Ave South S

**Phone:** 612-455-4630

**Hours:** Monday through Friday, 9 am-4 pm.

**Provides:** Minneapolis MAD DADS has many programs available such as: men's empowerment and responsibility program; school crime prevention intervention support; Community Organizing and Preparing Students for Success; parent/youth family mediation services; Peace Bus-Outreach Explosion; Street Patrol; homicide crisis and response Team: Groups meet at Center for Fathers (3023 4th Ave S ) Tuesday and Thursday 5 pm-7 pm.

### North Point Health & Wellness Center

African American Men Project

1315 Penn Avenue North

**Phone:** 612-767-9174

**Hours:** Monday through Friday 8:30 am-5 pm.

**Provides:** AAMP serves African American men who are 18 and older and are Hennepin County residents. The program helps men become healthy and successful wage earners, fathers and community leaders. AAMP provides coaching and support and also assists men with medical needs. Partners Monday and Thursday at YouthLink (young men's empowerment group for ages 18-23).

**Remarks:** Walk-ins are accepted, as are referrals from Hennepin County departments and other community organizations.

### Peace House

1816 Portland Avenue South

**Phone:** 612-870-7263

**Hours:** Monday-Friday 10 am-3 pm. Meditation is held at 11:30 followed by lunch. Door is locked during meditation.

**Provides:** Peace House is a gathering place where poor, homeless and economically comfortable people come to form community, work for non-violence, affirmation and responsibility. Emphasis on spirituality through daily reflection time together. Doors closed for reflection, meditation and lunch from 11:30-12:45.

Powderhorn-Phillips Cultural Wellness Center

2025 Portland Avenue South

**Phone:** 612-721-5745

**Hours:** Monday–Friday 8 am–5 pm.

**Provides:** Community Systems Navigators (CSN) assist individuals in building community by reconnecting them to culture. CSN are community residents who have begun an organizing role in rebuilding community. They are role models, teachers, friends, mentors, advocates, community organizers. CSN provide home visits, facilitate self-study and organize celebrations for communities and individuals in addition to facilitating movement from little or no dependence on government to independence and self-sufficiency. Community action teams, diabetes support and health management.

Salvation Army Parkview

Family Mentoring Program-Project Breakthrough

2024 Lyndale Ave N

**Phone:** 612-522-6581 (ask for Emily)

**Hours:** Monday–Friday 8 am–noon and 1–4 pm.

**Provides:** A unique self-sufficiency program, for North Minneapolis residents ONLY who were affected by the 2011 tornado, that helps low-income families make positive life changes.

St. Stephen's Human Services

2309 Nicollet Avenue

Assistance obtaining Birth Certificates and Voice Mail

**Phone:** 612-870-2283

**Provides:** Assistance sending for U.S. birth certificates. Also provides voice mail boxes for housing and job searches, health care, and safety from domestic abuse.

Community Engagement Program

**Phone:** 612-767-4456

Organizing, educating and advocating on issues of homelessness: “A Day in the Life” education events, shelter tours, discussion panels with individuals who have experienced homelessness, and conversations in the community on homelessness issues. Individuals or groups who want to learn about homelessness, as well as people who have been homeless and want to educate others are invited to call.

Homeless Against Homelessness (HAH)

**Phone:** 612-767-4456

**Remarks:** HAH is a group of currently and formerly homeless people who work together to improve the lives of people living in poverty. Using wisdom and experience, HAH brings the voices of people experiencing homelessness to elected officials, community leaders and others interested in understanding homelessness and poverty. *HAH meets weekly at St. Stephen's Human Services, 2309 Nicollet Ave. Call for times.*

### Representative Payee Service

**Phone:** 612-870-0529

**Provides:** Handles funds for people receiving Social Security/ Disability benefits. Makes certain rent and bills are paid, then disburses personal needs funds throughout the month.

### Street Outreach Team

**Phone:** 612-879-7624 or toll-free, 1-888-550-7624

**Hours:** Monday and Saturday 9 am-5 pm; Tuesday-Friday 9 am-9 pm; office drop-in hours Monday-Friday 9-11 am.

**Remarks:** Works with individuals sleeping outside or in sub-standard places. Provides a response to homeless concerns in public settings with a mobile outreach team able to visit individuals in the community.

### zAmya Theatre Company

**Phone:** 612-767-4456

**Remarks:** If you have experienced homelessness and are interested in participating in workshops or theatre to educate and entertain the community about homeless issues, please call to learn about upcoming opportunities.

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## H. Programs for Ex-Offenders

### VOA-MN/Amicus

3041 4th Avenue South

**Phone:** 612-877-4250

**Remarks:** "Reconnect," is a referral program for re-entering offenders who are searching for jobs, housing, family services, transportation, clothing, sobriety supports and other needs. Available to offenders in all Minnesota facilities (state and federal) and all ex-offenders, whether just out or years after release. Amicus Ex-Offenders support group held on Wednesdays from 5:30-7 pm with a light meal served.

### Council on Crime and Justice

822 S 3rd Street, Suite 100

Phone: (612) 353-3000

**Expungement Line:** (612) 353-3024

**Provides:** Services for families and friends of inmates, referrals for housing, financial, employment, and related needs. Criminal records advocacy and community education, information line on obtaining your criminal record and expungement clinic. Clinic is held the 1st Tuesday of every month, provides legal assistance for expungements, must bring copies of your criminal record. Training for professionals on demystifying criminal records. Two criminal records and expungement seminars are offered monthly. Call for details, or visit [www.crimeandjustice.org](http://www.crimeandjustice.org).

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## **Order Form for the 2015-2016 Minneapolis Handbook of the Streets:**

Name \_\_\_\_\_

Agency \_\_\_\_\_

Address \_\_\_\_\_

City, ST ZIP \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

### **2015-2016 Minneapolis Handbook of the Streets**

\_\_\_\_\_ copies for staff or non-poor & homeless people  
@ \$6.00 = (A) \$ \_\_\_\_\_

*After you have ordered some books at the staff rate, you may order copies to distribute at the following rate:*

\_\_\_\_\_ copies for client distribution  
@ \$1.00 = (B) \$ \_\_\_\_\_

Total number of copies: \_\_\_\_\_

Postage and handling (see chart below): \$ \_\_\_\_\_

### **Amount due:**

|                      |      |       |
|----------------------|------|-------|
| (A) Staff copies:    | \$   | _____ |
| + (B) Client copies: | + \$ | _____ |
| + (C) Postage:       | + \$ | _____ |
| = TOTAL DUE          | = \$ | _____ |

| Total Copies | Add Postage    |
|--------------|----------------|
| 1            | \$2.50         |
| 2-5          | \$4.00         |
| 6-20         | \$5.50         |
| 21-50        | \$6.75         |
| 51-75        | \$10.00        |
| 76-100       | \$14.00        |
| 101-150      | \$20.00        |
| 151+         | Call for total |

**Checks made payable to:**  
St. Stephen's Human Services

**Mail to:**  
St. Stephen's Human Services  
Attn: Handbook  
2309 Nicollet Avenue  
Minneapolis, MN 55404

Cannot accept credit cards.

Questions? 612-870-2283.



St. Stephen's Human Services offers help to people experiencing homelessness. Support includes:

**Housing opportunities** and support for individual adults and families, including Kateri Residence for Native American women, our rapid rehousing partnership helping families and singles move quickly out of shelters, and long-term supportive housing for families and single adults.

**Shelter & Emergency Services:** Our shelter is open every night for for adult men. We also provide on-the-spot Street Outreach to anyone living outside, as well as additional helpful resources including Representative Payee services, assistance obtaining birth certificates, holiday drop-ins and the Handbook of the Streets.

**Community Engagement:** Educational and advocacy opportunities to promote a greater understanding of homelessness, through our zAmya Theater Project, A Day in the Life Program, and Homeless Against Homelessness, led by people who have experienced homelessness.

## **St. Stephen's Human Services**

**2309 Nicollet Avenue South**

**Minneapolis, MN 55404**

**(612) 874-0311**

**[www.ststephensmpls.org](http://www.ststephensmpls.org)**

**ending homelessness**

**st. stephen's HUMAN SERVICES**



